

Phys 521

Angular Momentum

Lectures 21-25

# Angular Momentum

- $\vec{L}$  - quantize classical orbital ang mom
- $\vec{S}$  - intrinsic (spin) ang mom
- $\vec{J}$  - total angular momentum (or general)

## Orbital ang mom

Single particle:  $\vec{L} = \vec{r} \times \vec{p}$

$$L_x = y p_z - z p_y$$

$$L_y = z p_x - x p_z$$

$$L_z = x p_y - y p_x$$

$$L_j = \epsilon_{jkl} x_k p_l$$

Quantize:  $L_x = y p_z - z p_y$

$$L_y = z p_x - x p_z$$

$$L_z = x p_y - y p_x$$

$$L_j = \epsilon_{jkl} x_k p_l$$

Summation convention + Antisymmetric symbol

$$\epsilon_{jkl} L_e = \epsilon_{jkl} \epsilon_{emn} x_m p_n$$

$$= (\delta_{jn} \delta_{km} - \delta_{jm} \delta_{kn}) x_m p_n$$

Vector operator

$$\vec{L} = L_x \vec{e}_x + L_y \vec{e}_y + L_z \vec{e}_z = \vec{r} \times \vec{p}$$

No ordering problems

Commutators:  $[L_x, L_y] = [y p_z - z p_y, z p_x - x p_z]$

$$= y p_x [p_z, z] + [z, p_z] x p_y$$

$$= i\hbar (x p_y - y p_x)$$

$$= i\hbar L_z$$

$$\epsilon_{jkl} L_e = \epsilon_{jkl} \epsilon_{emn} x_m p_n = (\delta_{jn} \delta_{km} - \delta_{jm} \delta_{kn}) x_m p_n$$

## Antisymmetric symbol

$$\epsilon_{jkl} = \begin{cases} +1, & \text{if } jkl \text{ is an even permutation of } 123 \\ -1, & \text{if } jkl \text{ is an odd permutation of } 123 \\ 0, & \text{otherwise} \end{cases}$$

Nonzero components:  $\epsilon_{123} = \epsilon_{231} = \epsilon_{312} = -\epsilon_{213} = -\epsilon_{132} = -\epsilon_{321} = +1$

① If  $M$  is a  $3 \times 3$  matrix,  $\det M = \epsilon_{jkl} M_{1j} M_{2k} M_{3l}$

②  $\vec{A} \times \vec{B} = \vec{e}_j \epsilon_{jkl} A_k B_l = \det \begin{pmatrix} \vec{e}_1 & \vec{e}_2 & \vec{e}_3 \\ A_1 & A_2 & A_3 \\ B_1 & B_2 & B_3 \end{pmatrix}$

③  $\epsilon_{jkl} \epsilon_{jmn} = \delta_{km} \delta_{ln} - \delta_{kn} \delta_{lm}$

$$\Rightarrow \epsilon_{jkl} \epsilon_{jkm} = 2 \delta_{lm}$$

④  $\vec{A} \times (\vec{B} \times \vec{C}) = \vec{B}(\vec{A} \cdot \vec{C}) - \vec{C}(\vec{A} \cdot \vec{B})$

$$\begin{aligned}
[L_j, L_k] &= \epsilon_{jlm} \epsilon_{knq} \underbrace{[X_l P_m, X_n P_q]} \\
&= X_l P_m X_n P_q - X_n P_q X_l P_m \\
&= X_l (X_n P_m - i\hbar \delta_{nm}) P_q \\
&\quad - X_n (X_l P_q - i\hbar \delta_{ql}) P_m \\
&= i\hbar (-\delta_{nm} X_l P_q + \delta_{ql} X_n P_m)
\end{aligned}$$

$$= i\hbar (-\epsilon_{jlm} \epsilon_{knq} X_l P_m P_q + \epsilon_{jlm} \epsilon_{knq} X_n P_m P_l)$$

$$= i\hbar \epsilon_{jlm} \epsilon_{knq} (X_m P_n - X_n P_m) (\delta_{jk} \delta_{lm} - \delta_{jn} \delta_{kl})$$

$$= i\hbar (X_j P_k - X_k P_j)$$

$$= i\hbar \epsilon_{jkl} L_l$$

$$[L_j, L_k] = i\hbar \epsilon_{jkl} L_l$$

Generalization to many particles

Generalization:  $[J_j, J_k] = i\hbar \epsilon_{jkl} J_l$

Properties of rotations in 3-d space

Ex:  $S_x, S_y, S_z$   
(have additional simple product properties)

$$\vec{J}^2 \equiv \vec{J} \cdot \vec{J} = J_x^2 + J_y^2 + J_z^2 = J_j J_j$$

$$[\vec{J}^2, J_k] = [J_j J_j, J_k] = J_j J_j J_k - J_k J_j J_j$$

Do this for a particular component

$$\begin{aligned}
&= J_j (J_k J_j + [J_j, J_k]) \\
&\quad - (J_j J_k + [J_k, J_j]) J_j
\end{aligned}$$

$$\begin{aligned}
&= J_j [J_j, J_k] + [J_j, J_k] J_j \\
&= \epsilon_{jkl} J_j J_l + \epsilon_{jkl} J_l J_j \\
&= \dots \\
&= 0
\end{aligned}$$

Eigenvalue problem: Find simultaneous eigenstates of  $\vec{J}^2$  and  $J_z$

$$\vec{J}^2 |k, \lambda, m\rangle = \lambda \hbar^2 |k, \lambda, m\rangle \quad \lambda \geq 0 \text{ (why)}$$

└──────────────────┘ units

$$J_z |k, \lambda, m\rangle = m \hbar |k, \lambda, m\rangle$$

Role of  $k$ ? CSOs  $A_1, A_2, \dots, \vec{J}^2, J_z$  Example: Spin-1/2

$[A_i, J_k] = 0$  ← Commute with all components of  $\vec{J}$

Raising and lowering operators:

$$J_{\pm} = J_x \pm i J_y, \quad J_{\pm}^{\dagger} = J_{\mp}$$

Commutators:

$$\begin{aligned}
[J_z, J_{\pm}] &= [J_z, J_x \pm i J_y] \\
&= i \hbar (+ J_y \mp i J_x) \\
&= \pm \hbar (J_x \pm i J_y) \\
&= \pm \hbar J_{\pm}
\end{aligned}$$

$$[J_+, J_-] = [J_x + i J_y, J_x - i J_y] = 2 \hbar J_z$$

$$\begin{aligned}
[J_z, J_{\pm}] &= \pm \hbar J_{\pm} \\
[J_+, J_-] &= 2 \hbar J_z \\
[\vec{J}^2, J_{\pm}] &= 0
\end{aligned}$$

$$J_+ J_- = (J_x + iJ_y)(J_x - iJ_y) = J_x^2 + J_y^2 - i \underbrace{[J_x, J_y]}_{i\hbar J_z}$$

(4)

$$J_+ J_- = J_x^2 + J_y^2 + \hbar J_z = \vec{J}^2 - J_z^2 + \hbar J_z$$

$$J_- J_+ = J_x^2 + J_y^2 - \hbar J_z = \vec{J}^2 - J_z^2 - \hbar J_z$$

$$\frac{1}{2}(J_+ J_- + J_- J_+) = \vec{J}^2 - J_z^2 = J_x^2 + J_y^2$$

Theorem.  $|k, \lambda, m\rangle, \quad \lambda \geq m^2$  (1/1)

Proof:  $0 \leq \langle k, \lambda, m | (\vec{J}^2 - J_z^2) | k, \lambda, m \rangle = \hbar^2 (\lambda - m^2)$

$$A_\alpha J_\pm |k, \lambda, m\rangle = J_\pm A_\alpha |k, \lambda, m\rangle = (A_\alpha)_{k\lambda} J_\pm |k, \lambda, m\rangle$$

$$\vec{J}^2 J_\pm |k, \lambda, m\rangle = \lambda \hbar^2 J_\pm |k, \lambda, m\rangle$$

↑  
This argument shows this does not depend on m

$$J_z J_\pm |k, \lambda, m\rangle = (J_\pm J_z \pm \hbar J_\pm) |k, \lambda, m\rangle = (m \pm 1) J_\pm |k, \lambda, m\rangle$$

$$\Rightarrow J_\pm |k, \lambda, m\rangle = C_\pm(\lambda, m) \hbar |k, \lambda, m \pm 1\rangle$$

For a given  $k, \lambda$ , there must be a largest value of  $m$ :  $j \leq \sqrt{\lambda}$ .  $\therefore$

$$J_+ |k, \lambda, j\rangle = 0$$

$$0 = J_- J_+ |k, \lambda, j\rangle = (\vec{J}^2 - J_z^2 - \hbar J_z) |k, \lambda, j\rangle = \hbar^2 (\lambda - j^2 - j)$$

$$\Rightarrow \lambda = j(j+1) \quad (\Rightarrow j \geq 0)$$

For a given  $k, \lambda$ , there must be a smallest value of  $m = j' \geq -\sqrt{\lambda}$ .  $\therefore$

$$J_- |k, \lambda, j'\rangle = 0$$

$$0 = J_+ J_- |k, \lambda, j'\rangle = (\vec{J}^2 - J_z^2 + \hbar J_z) |k, \lambda, j'\rangle = (\lambda^2 - j'^2 + j')$$

$$\Rightarrow \lambda = j'(j'-1) = j(j+1) \Rightarrow j' = -j \text{ or } j' = j+1$$

Must be able to get from  $|k, \lambda, j\rangle$  to  $|k, \lambda, j'\rangle$  in a finite number of applications of  $J_-$ .  $\Rightarrow j$  is integral or half-integral.

$$|k, \lambda, m\rangle = |k, j, m\rangle \quad \lambda = j(j+1)$$

$j = 0, \frac{1}{2}, 1, \frac{3}{2}, 2$	
$\lambda = 0, \frac{3}{4}, 2, \frac{15}{4}, 6$	
$m = 0$	$\begin{matrix} +j \\ j-1 \\ j \\ j+1 \\ \dots \\ -j \end{matrix}$

# of times,  $g(j)$ , that  $j$  is realized values from system to system.

For given value of  $j$ , all possible values of  $m$  must be present

Structure of Hilbert space?

$$J_+ |k, j, m\rangle = C_+(j, m) \hbar |k, j, m+1\rangle$$

$$\begin{aligned} \hbar^2 |C_+(j, m)|^2 &= \langle k, j, m | J_- J_+ |k, j, m\rangle \\ &= \langle k, j, m | (\vec{J}^2 - J_z^2 - \hbar J_z) |k, j, m\rangle \\ &= \hbar^2 (j(j+1) - m(m+1)) \end{aligned}$$

$$\Rightarrow |C_+(j, m)| = \sqrt{j(j+1) - m(m+1)} = \sqrt{(j-m)(j+m+1)}$$

Choose phases to be unity

$$J_+ |k, j, m\rangle = \sqrt{(j-m)(j+m+1)} \hbar |k, j, m+1\rangle \quad \begin{array}{l} J_+ |k, j, j\rangle = 0 \\ j(j+1) - m(m+1) \end{array}$$

$$\begin{aligned} \langle J_- J_+ |k, j, m\rangle &= \sqrt{(j-m)(j+m+1)} \hbar \langle J_- |k, j, m+1\rangle \\ &= \hbar^2 (j-m)(j+m+1) \langle k, j, m | k, j, m-1\rangle \end{aligned}$$

$$\Rightarrow J_- |k, j, m\rangle = \sqrt{(j+m)(j-m+1)} \hbar |k, j, m-1\rangle \quad \begin{array}{l} J_- |k, j, -j\rangle = 0 \\ j(j+1) - m(m-1) \end{array}$$

Determines matrix elements of  $J_+$  and, hence,  $J_- = J_+^\dagger$

(i)  $j=0$ :

(ii)  $j = \frac{1}{2}$ :  $J^2 \rightarrow \frac{3}{4} \hbar^2 \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix}$

$$J_z \rightarrow \frac{1}{2} \hbar \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$J_+ \rightarrow \hbar \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix} \quad J_- \rightarrow \hbar \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$$

$$J = S^{-1} \frac{1}{2} S$$

$$J_x = \frac{1}{2} (J_+ + J_-) \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$J_y = \frac{-i}{2} (J_+ - J_-) \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & i \\ -i & 0 \end{pmatrix}$$

(iii)  $J = J_z$

$$J^2 \rightarrow \frac{1}{2} h^2 \begin{pmatrix} 1 & 0 & 0 \\ 0 & -1 & 0 \\ 0 & 0 & -1 \end{pmatrix}$$

$$J_x \rightarrow \frac{1}{2} h \begin{pmatrix} -1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}$$

$$J_y \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & i & 0 \\ 0 & 0 & 0 \\ 0 & -i & 0 \end{pmatrix}$$

$$J_z \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$J_x \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & - & 0 \\ - & 0 & - \\ 0 & - & 0 \end{pmatrix}$$

$$J_y \rightarrow \frac{1}{2} h \begin{pmatrix} 0 & i & 0 \\ i & 0 & 0 \\ 0 & -i & 0 \end{pmatrix}$$

(iv) General

$$\vec{L} \rightarrow \frac{\hbar}{i} \vec{r}_x \nabla = \frac{\hbar}{i} \vec{r}_x \left( \vec{e}_x \frac{\partial}{\partial x} + \vec{e}_y \frac{1}{r} \frac{\partial}{\partial \theta} + \vec{e}_\varphi \frac{1}{r \sin \theta} \frac{\partial}{\partial \varphi} \right) \quad \textcircled{A}$$

$$= \frac{\hbar}{i} \left( \vec{e}_y \frac{\partial}{\partial x} - \vec{e}_z \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} \right)$$

$$\vec{e}_x = \cos \theta \vec{e}_z + \sin \theta (\cos \varphi \vec{e}_x + \sin \varphi \vec{e}_y)$$

$$\vec{e}_\theta = -\sin \theta \vec{e}_z + \cos \theta (\cos \varphi \vec{e}_x + \sin \varphi \vec{e}_y)$$

$$\vec{e}_\varphi = -\sin \varphi \vec{e}_x + \cos \varphi \vec{e}_y$$

$$L_x = \frac{\hbar}{i} \left( \underbrace{-\vec{e}_x \cdot \vec{e}_y}_{\sin \varphi} \frac{\partial}{\partial \theta} + \underbrace{\vec{e}_x \cdot \vec{e}_\theta}_{\cos \theta \cos \varphi} \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} \right)$$

$$= \frac{\hbar}{i} \left( \sin \varphi \frac{\partial}{\partial \theta} + \cot \theta \cos \varphi \frac{\partial}{\partial \varphi} \right)$$

$$L_y = \frac{\hbar}{i} \left( \underbrace{-\vec{e}_y \cdot \vec{e}_\varphi}_{-\cos \varphi} \frac{\partial}{\partial \theta} + \underbrace{\vec{e}_y \cdot \vec{e}_\theta}_{\cos \theta \sin \varphi} \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} \right)$$

$$= \frac{\hbar}{i} \left( -\cos \varphi \frac{\partial}{\partial \theta} + \cot \theta \sin \varphi \frac{\partial}{\partial \varphi} \right)$$

$$L_z = \frac{\hbar}{i} (-\vec{e}_z \cdot \vec{e}_\theta) \frac{1}{\sin \theta} \frac{\partial}{\partial \varphi} = \frac{\hbar}{i} \frac{\partial}{\partial \varphi}$$

$$\vec{L} \cdot \vec{L} = \vec{L} \cdot \vec{L} = -\hbar^2 (\vec{r}_x \nabla) \cdot (\vec{r}_x \nabla)$$

$$= -\hbar^2 (\epsilon_{jkl} x_k \partial_l) (\epsilon_{jmn} x_m \partial_n)$$

$$= -\hbar^2 \epsilon_{jkl} \epsilon_{jmn} x_k \partial_l (x_m \partial_n)$$

$$= -\hbar^2 (\delta_{km} \delta_{ln} - \delta_{kn} \delta_{lm}) (x_k \partial_l (x_m \partial_n))$$

$$= -\hbar^2 (x_k \partial_l (x_k \partial_l) - x_k \partial_l (x_l \partial_k))$$

$$= -\hbar^2 \left( x_n \partial_n + x_n x_n \partial_n \partial_n - 3x_n \partial_n - x_n x_n \partial_n \partial_n \right)$$

$$= -\hbar^2 \left( -2x_n \partial_n - x_n x_n \partial_n \partial_n + r^2 \Delta^2 \right)$$

$$= -x_n \partial_n - x_n \partial_n (x_n \partial_n)$$

$$= -\frac{1}{r} x_n \partial_n (r x_n \partial_n)$$

$$\frac{1}{r} \Delta \cdot \frac{\partial}{\partial r}$$

$$= -\frac{\partial}{\partial r} \left( r^2 \frac{\partial}{\partial r} \right)$$

$$\Gamma_{rr} = -\hbar^2 r^2 \left( \Delta^2 - \frac{1}{r^2} \frac{\partial}{\partial r} \left( r^2 \frac{\partial}{\partial r} \right) \right)$$

$$\frac{1}{r^2 \sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{r^2 \sin^2 \theta} \frac{\partial^2}{\partial \phi^2}$$

$$= -\hbar^2 \left( \frac{1}{\sin \theta} \frac{\partial}{\partial \theta} \left( \sin \theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2 \theta} \frac{\partial^2}{\partial \phi^2} \right)$$

# Orbital angular momentum

Single spinless particle

$$L_x = YP_z - ZP_y \rightarrow \frac{\hbar}{i} \left( y \frac{\partial}{\partial z} - z \frac{\partial}{\partial y} \right) = \hbar \left( \sin\theta \frac{\partial}{\partial \theta} + \cot\theta \cos\varphi \frac{\partial}{\partial \varphi} \right)$$

$$L_y = ZP_x - XP_z \rightarrow \frac{\hbar}{i} \left( z \frac{\partial}{\partial x} - x \frac{\partial}{\partial z} \right) = \hbar \left( -\cos\theta \frac{\partial}{\partial \theta} + \cot\theta \sin\varphi \frac{\partial}{\partial \varphi} \right)$$

$$L_z = XP_y - YP_x \rightarrow \frac{\hbar}{i} \left( x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x} \right) = \frac{\hbar}{i} \frac{\partial}{\partial \varphi}$$



$|\vec{r}\rangle$  representation

Spherical polar coords:

$$x = r \sin\theta \cos\varphi$$

$$y = r \sin\theta \sin\varphi$$

$$z = r \cos\theta$$

$$d^3x = r^2 \sin\theta dr d\theta d\varphi$$

$$= r^2 dr d\Omega$$

$$\vec{L}^2 = -\hbar^2 \left( \frac{1}{\sin\theta} \frac{\partial}{\partial \theta} \left( \sin\theta \frac{\partial}{\partial \theta} \right) + \frac{1}{\sin^2\theta} \frac{\partial^2}{\partial \varphi^2} \right)$$

$$\frac{\partial^2}{\partial \theta^2} + \cot\theta \frac{\partial}{\partial \theta}$$

$$= -\hbar^2 r^2 \left( \nabla^2 - \frac{1}{r^2} \frac{\partial}{\partial r} \left( r^2 \frac{\partial}{\partial r} \right) \right)$$

$$L_{\pm} = \hbar e^{\pm i\varphi} \left( \pm \frac{\partial}{\partial \theta} + i \cot\theta \frac{\partial}{\partial \varphi} \right)$$

Eigenvalue problem:  $|k, l, m\rangle$ ,  $\psi_{k, l, m}(r, \theta, \varphi) = \langle \vec{r} | k, l, m \rangle$

$$\vec{L}^2 \psi_{k, l, m}(r, \theta, \varphi) = l(l+1)\hbar^2 \psi_{k, l, m}(r, \theta, \varphi)$$

$$L_z \psi_{k, l, m}(r, \theta, \varphi) = m\hbar \psi_{k, l, m}(r, \theta, \varphi)$$

①  $\psi_{k, l, m}(r, \theta, \varphi) = R_{k, l, m}(r) Y_l^m(\theta, \varphi)$

↑ undetermined by  $\vec{L}^2$  and  $L_z$

$$\vec{L}^2 Y_l^m = l(l+1)\hbar^2 Y_l^m$$

$$L_z Y_l^m = m\hbar Y_l^m$$

$$\textcircled{2} \quad \frac{\hbar}{i} \frac{\partial Y_l^m}{\partial \varphi} = m \hbar Y_l^m \Rightarrow \frac{\partial Y_l^m}{\partial \varphi} = i m Y_l^m$$

$$\Rightarrow Y_l^m(\theta, \varphi) = F_l^m(\theta) e^{i m \varphi}$$

Continuity  $\rightarrow$  m integral  $\Rightarrow$  l integral

$$\textcircled{3} \quad 0 = L_+ Y_l^l = \hbar e^{i \varphi} \left( \frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \varphi} \right) F_l^l(\theta) e^{i l \varphi}$$

$$\Rightarrow 0 = \left( \frac{d}{d\theta} - l \cot \theta \right) F_l^l(\theta) = (\sin \theta)^l \frac{d}{d\theta} \left( \frac{F_l^l}{(\sin \theta)^l} \right)$$

$$\Rightarrow F_l^l(\theta) = C_l (\sin \theta)^l$$

$\uparrow$  normalization constant

For each integral l,  $\exists$  a unique solution  $F_l^l$ .  
 Obtain other  $Y_l^m$  by successive application of  $L_-$ .

$$\textcircled{4} \quad L_{\pm} \Psi_{klm}(r, \theta, \varphi) = \sqrt{l(l+1) - m(m \pm 1)} \hbar \Psi_{kl, m \pm 1}(r, \theta, \varphi)$$

$$R_{klm}(r) L_{\pm} Y_l^m = R_{kl, m \pm 1}(r) Y_l^{m \pm 1}$$

$$\Rightarrow R_{klm}(r) = R_{kl, m \pm 1}(r) = R_{kl}(r)$$

$$L_{\pm} Y_l^m = \sqrt{l(l+1) - m(m \pm 1)} \hbar Y_l^{m \pm 1}$$

Gather results:

$$\langle \vec{r} | k, l, m \rangle = \Psi_{klm}(r, \theta, \varphi) = R_{kl}(r) Y_l^m(\theta, \varphi)$$

$$Y_l^m(\theta, \varphi) = F_l^m(\theta) e^{i m \varphi}$$

$$L^2 Y_l^m = l(l+1) \hbar^2 Y_l^m$$

$$L_z Y_l^m = m \hbar Y_l^m$$

$$L_{\pm} Y_l^m = \sqrt{l(l+1) - m(m\pm 1)} \hbar Y_l^{m\pm 1}$$

① Orthonormality

$$\begin{aligned} \delta_{ll'} \delta_{mm'} &= \langle k, l, m | k', l', m' \rangle \\ &= \int d^3x \langle k, l, m | \vec{r} \rangle \langle \vec{r} | k', l', m' \rangle \\ &= \int d^3x \Psi_{klm}^*(\vec{r}) \Psi_{k'l'm'}(\vec{r}) \\ &= \int r^2 dr R_{kl}^*(r) R_{k'l'}(r) \\ &\quad \times \int d\Omega Y_l^{m*}(\theta, \varphi) Y_{l'}^{m'}(\theta, \varphi) \end{aligned}$$

$$\begin{aligned} \Rightarrow \int r^2 dr R_{kl}^*(r) R_{k'l'}(r) &= \delta_{ll'} \\ \int d\Omega Y_l^{m*}(\theta, \varphi) Y_{l'}^{m'}(\theta, \varphi) &= \delta_{ll'} \delta_{mm'} \end{aligned}$$

↑  
chose normalization

② Completeness:

$$1 = \sum_{k,l,m} |k, l, m\rangle \langle k, l, m|$$

$$\begin{aligned} \Rightarrow \delta(\vec{r} - \vec{r}') &= \sum_{k,l,m} \langle \vec{r} | k, l, m \rangle \langle k, l, m | \vec{r}' \rangle \\ &= \sum_{k,l,m} R_{kl}(r) Y_l^m(\theta, \varphi) Y_l^{m*}(\theta', \varphi') R_{kl}^*(r') \\ &= \frac{1}{r^2 \sin\theta} \delta(r - r') \delta(\cos\theta - \cos\theta') \delta(\varphi - \varphi') = \frac{1}{r^2} \delta(r^2 - r'^2) \delta(\cos\theta - \cos\theta') \delta(\varphi - \varphi') \end{aligned}$$

$$\frac{1}{r^2 \sin \theta} \delta(r-r') \delta(\theta-\theta') \delta(\varphi-\varphi')$$

$$= \sum_{l,m} Y_l^m(\theta, \varphi) Y_l^{m*}(\theta', \varphi') \left( \sum_n R_{nl}(r) R_{nl}^*(r') \right)$$

$$\Rightarrow \frac{1}{r^2} \delta(r-r') = \sum_{k,l} R_{kl}(r) R_{kl}^*(r') \leftarrow \text{consistency with orthonormality}$$

$$\frac{1}{\sin \theta} \delta(\theta-\theta') \delta(\varphi-\varphi') = \sum_{l,m} Y_l^m(\theta, \varphi) Y_l^{m*}(\theta', \varphi') \leftarrow \text{range}$$

③ Expansions:

$$f(\theta, \varphi) = \int d\Omega' \frac{1}{\sin \theta'} \delta(\theta-\theta') \delta(\varphi-\varphi') f(\theta', \varphi')$$

$$= \sum_{l,m} Y_l^m(\theta, \varphi) \int d\Omega' Y_l^{m*}(\theta', \varphi') f(\theta', \varphi')$$

Calculation of  $Y_l^m$ : Start with  $Y_l^l$ ; lower using  $L_-$ .

$$Y_l^l(\theta, \varphi) = c_l (\sin \theta)^l e^{il\varphi}$$

$$1 = \int d\Omega |Y_l^l(\theta, \varphi)|^2 = 2\pi |c_l|^2 \underbrace{\int_0^\pi d\theta (\sin \theta)^{2l+1}}_{I_l}$$

$$I_l = \int_0^\pi d\theta (\sin \theta)^{2l+1} = \int_0^\pi d\theta \underbrace{(\sin^2 \theta)}_{1-\cos^2 \theta} (\sin \theta)^{2l-1} \quad g = (\sin \theta)^{2l} / 2l$$

$$l \geq 1 \quad \cdot \quad I_{l-1} = \int_0^\pi d\theta \underbrace{\cos \theta}_{g'} \underbrace{\cos \theta (\sin \theta)^{2l-1}}_{g'}$$

$$\frac{1}{2l} \cos \theta (\sin \theta)^{2l} \Big|_0^\pi + \frac{1}{2l} \int_0^\pi d\theta (\sin \theta)^{2l+1}$$

$$I_\ell = I_{\ell-1} - I_\ell / 2\ell$$

$$I_\ell = \frac{2\ell}{2\ell+1} I_{\ell-1} \quad \text{and} \quad I_0 = \int_0^\pi d\theta \sin\theta = 2$$

$$I_\ell = \frac{(2\ell)!!}{(2\ell+1)!!} I_0 = \frac{((2\ell)!!)^2}{(2\ell+1)!} I_0 = \frac{2^{2\ell+1} (\ell!)^2}{(2\ell+1)!}$$

$$(2\ell)!! = (2\ell)(2\ell-2)\dots 2 \cdot 2^\ell \ell!$$

$$|c_\ell| = \frac{1}{\sqrt{2\pi I_\ell}} \cdot \frac{1}{2^\ell \ell!} \sqrt{\frac{(2\ell+1)!}{4\pi}}$$

$$\text{Choose } c_\ell = \frac{(-1)^\ell}{2^\ell \ell!} \sqrt{\frac{(2\ell+1)!}{4\pi}} \iff Y_\ell^0(\theta=0, \varphi) > 0$$

$$Y_\ell^0(\theta, \varphi) = \frac{(-1)^\ell}{2^\ell \ell!} \sqrt{\frac{(2\ell+1)!}{4\pi}} \underbrace{(\sin\theta)^\ell e^{i\ell\varphi}}_{(\sin\theta e^{i\varphi})^\ell = \left(\frac{x+iy}{r}\right)^\ell}$$

Apply L. to get rest:

Examples:

$$\textcircled{1} Y_0^0(\theta, \varphi) = \frac{1}{\sqrt{4\pi}}$$

$$\textcircled{2} Y_1^0(\theta, \varphi) = -\sqrt{\frac{3}{8\pi}} \sin\theta e^{i\varphi} = -\sqrt{\frac{3}{8\pi}} \frac{x+iy}{r}$$

$$\begin{aligned} L_- Y_1^0 &= \hbar\sqrt{2} Y_1^0 = \hbar e^{-i\varphi} \left( -\frac{\partial}{\partial\theta} + i \cot\theta \frac{\partial}{\partial\varphi} \right) Y_1^0 \\ &= -\hbar e^{i\varphi} \sqrt{\frac{3}{8\pi}} \left( -\cos\theta + i \frac{\cos\theta}{\sin\theta} \sin\theta i \right) e^{i\varphi} \\ &= \hbar\sqrt{\frac{3}{8\pi}} \cos\theta \end{aligned}$$

$$Y_{10} = \sqrt{\frac{3}{4\pi}} \cos \theta = \sqrt{\frac{3}{4\pi}} \frac{z}{r}$$

$$\begin{aligned} L_{-1} Y_{10} &= \hbar \sqrt{2} Y_{1,-1} = \hbar e^{-i\varphi} \left( -\frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \varphi} \right) Y_{10} \\ &= \hbar e^{-i\varphi} \sqrt{\frac{3}{4\pi}} \sin \theta \end{aligned}$$

$$Y_{1,-1} = \sqrt{\frac{3}{8\pi}} \sin \theta e^{-i\varphi} = \sqrt{\frac{3}{8\pi}} \frac{x-iy}{r}$$


---

Other properties: ✓

$$\textcircled{1} Y_{\lambda}^{-m} = (-1)^m Y_{\lambda}^{m*}$$

$$\textcircled{2} Y_{\lambda}^m(\theta, \varphi) = \sqrt{\frac{2\lambda+1}{4\pi}} \mathcal{D}_{m0}^{\lambda}$$

$$\textcircled{3} Y_{\lambda}^0(\theta, \varphi) = \sqrt{\frac{2\lambda+1}{4\pi}} P_{\lambda}(\cos \theta)$$

$$\textcircled{4} \text{Parity} = (-1)^{\ell}$$

# Angular momentum and rotations

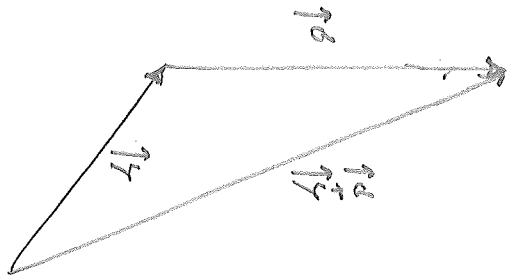
Example: translations

Single particle

Classical translation (active):

$$\mathbf{J}_R \vec{r} = \vec{r}' = \vec{r} + \vec{a}$$

Commutative group



States:  $|\psi\rangle \xrightarrow{\mathbf{J}_R} |\psi'\rangle = T_{\vec{a}} |\psi\rangle$

map

$$\langle \vec{r}' | \psi' \rangle = \langle \vec{r}' | \psi \rangle = \langle \mathbf{J}_R^{-1} \vec{r}' | \psi \rangle = \langle \vec{r} - \vec{a} | \psi \rangle$$

$$\Rightarrow \langle \vec{r} | T_{\vec{a}} | \psi \rangle = \langle \vec{r} - \vec{a} | \psi \rangle$$

(i)  $T_{\vec{a}}$  linear (matrix elements  $\langle \vec{r}' | T_{\vec{a}} | \vec{r} \rangle = \langle \vec{r}' - \vec{a} | \vec{r} \rangle = \delta(\vec{r}' - \vec{a} - \vec{r})$ )

(ii)  $T_{\vec{a}}^\dagger T_{\vec{a}} = 1$   $\langle \vec{r}' | T_{\vec{a}}^\dagger T_{\vec{a}} | \vec{r} \rangle = \int d\vec{r}'' \langle \vec{r}' | T_{\vec{a}}^\dagger | \vec{r}'' \rangle \langle \vec{r}'' | T_{\vec{a}} | \vec{r} \rangle = \int d\vec{r}'' \delta(\vec{r}' - \vec{a} - \vec{r}'') \delta(\vec{r}'' - \vec{r}) = \delta(\vec{r}' - \vec{a} - \vec{r})$

$$\Rightarrow T_{\vec{a}}^\dagger T_{\vec{a}} = 1$$

(iii) Rep of translation group:  $T_{\vec{a}} T_{\vec{b}} = T_{\vec{a} + \vec{b}}$

Let  $\vec{a} = a \hat{e}_x$ :

$$\langle \vec{r} | T_{\vec{a}} | \psi \rangle = \langle \vec{r} - \vec{a} | \psi \rangle$$

$$= \psi(x-a, y, z)$$

$$= \sum_{\vec{k}} \frac{1}{k!} (-a)^k \frac{\partial^k}{\partial x^k} \psi(x, y, z)$$

$\underbrace{\hspace{10em}}_{e^{-a \partial / \partial x}}$

$$\begin{aligned} \langle \vec{r}' | T_{\vec{a}} | \psi \rangle &= \langle \vec{r}' - \vec{a} | \psi \rangle \\ &= \langle \vec{r}' + \vec{a} | \psi \rangle \\ &= \langle \vec{r}' | T_{-\vec{a}} | \psi \rangle \\ &= \langle \vec{r}' | T_{\vec{a}}^\dagger | \psi \rangle \end{aligned}$$

$$\langle \vec{r} | T_{a\vec{e}_x} | \psi \rangle = e^{-a \partial / \partial x} \psi(x, y, z)$$

$$= \langle \vec{r} | e^{-\frac{i}{\hbar} a \frac{\hbar}{c} \frac{\partial}{\partial x}} | \psi \rangle$$

$$= \langle \vec{r} | e^{-\frac{i}{\hbar} a P_x} | \psi \rangle$$

$$\Rightarrow T_{a\vec{e}_x} = e^{-\frac{i}{\hbar} a P_x}$$

Generalize:

$$T_{a\vec{r}} = e^{-\frac{i}{\hbar} a \cdot \vec{P}}$$

Check properties  
Many particles - fields

Check:  $T_{a\vec{r}} | \vec{r} \rangle = | \vec{r} + \vec{a} \rangle$

② Operators

$\langle \psi' | A | \psi' \rangle$  is the expectation value of  $A$  with respect to the translated state  $|\psi'\rangle = T_{\vec{a}} |\psi\rangle$ .  
We can give an equivalent description of the translation in which the operators, instead of the states, are transformed.

$$\langle \psi' | A | \psi' \rangle = \langle \psi | T_{\vec{a}}^\dagger A T_{\vec{a}} | \psi \rangle = \langle \psi | A' | \psi \rangle$$

$A' \leftarrow$  translated operator

C.T.  $\tilde{A} = T_{\vec{a}} A T_{\vec{a}}^\dagger = T_{\vec{a}}^\dagger A T_{\vec{a}}$   
 $\langle \psi' | \tilde{A} | \psi' \rangle = \langle \psi | A | \psi \rangle$

Examples:

①  $\vec{R}$ :  $X'_k = e^{+\frac{i}{\hbar} a \cdot \vec{P}} X_k e^{-\frac{i}{\hbar} a \cdot \vec{P}} = X_k + \frac{i}{\hbar} [a \cdot \vec{P}, X_k] + \frac{1}{2!} \left(\frac{i}{\hbar}\right)^2 [a \cdot \vec{P}, [a \cdot \vec{P}, X_k]] + \dots$

$a_j [P_j, X_k] = -i\hbar \delta_{jk}$

$$= X_k + a_k$$

$$\vec{r}' = \int_{\vec{r}} \vec{r}' = \vec{r} + \vec{a} \iff \vec{r}' = \mathbb{1} + \vec{a} \cdot \vec{r} = \vec{r} + \vec{a}$$

$$\langle \psi | \vec{r}' | \psi \rangle = \langle \psi | \vec{r} | \psi \rangle + \vec{a}$$

$$\langle \psi | \vec{r}' | \psi \rangle = \int d^3x \psi^* | \vec{r}' | \psi$$

$$= \int d^3x \psi^* | \vec{r} + \vec{a} | \psi$$

$$= \langle \psi | \vec{r} | \psi \rangle + \vec{a}$$

$$\textcircled{2} H = \frac{\vec{p}^2}{2m} + V(\vec{r})$$

$$H' = \frac{\vec{p}^2}{2m} + V(\vec{r} + \vec{a})$$

③ Symmetries and conservation laws

Conservation of momentum

$$\iff [\vec{P}, H] = 0$$

$\iff H' = H$ , i.e.,  $H$  is invariant under translations

C-T:

$$\langle \psi | \vec{r}' | \psi \rangle = \langle \psi | \vec{r} | \psi \rangle$$

$$= \langle \psi | \vec{r} | \psi \rangle - \vec{a}$$

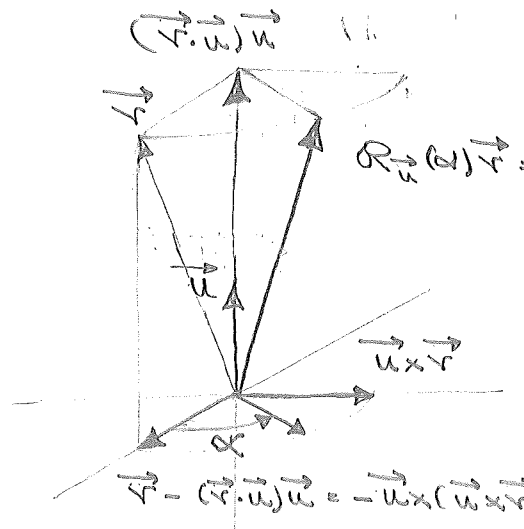
$$= \langle \psi | \vec{r} | \psi \rangle$$

# Rotations

Single particle

Classical rotation (active)

$R_{\vec{u}}(\alpha) = \left( \begin{array}{l} \text{rotation by angle } \alpha \\ \text{about unit vector } \vec{u} \end{array} \right) \leftarrow \begin{array}{l} 3 \text{ parameters} \\ \text{(Euler angles)} \\ \text{Noncommutative group} \end{array}$



$$\begin{aligned}
 R_{\vec{u}}(\alpha) \vec{r} &= \vec{r}' = (\vec{r} \cdot \vec{u}) \vec{u} - \vec{u} \times (\vec{u} \times \vec{r}) \cos \alpha + \vec{u} \times \vec{r} \sin \alpha \\
 &= \vec{r} \cos \alpha + (\vec{r} \cdot \vec{u}) \vec{u} (1 - \cos \alpha) + \vec{u} \times \vec{r} \sin \alpha
 \end{aligned}$$

Build up finite from infinitesimal

Infinitesimal rotation:  $R_{\vec{u}}(d\alpha) \vec{r} = \vec{r} + d\alpha \vec{u} \times \vec{r}$

Orthogonal matrices:

$$\begin{aligned}
 R_{\vec{u}}(\alpha) \vec{r} &= R_{\vec{u}}(\alpha) x_j \vec{e}_j = x_j \underbrace{R_{\vec{u}}(\alpha) \vec{e}_j}_{\vec{e}_k O_{kj}} = \vec{e}_k O_{kj} x_j \\
 x'_k &= O_{kj} x_j = \vec{r} \cdot \vec{e}_k = R_{\vec{r}} \vec{e}_k = \vec{r} \cdot R_{\vec{r}}^T \vec{e}_k
 \end{aligned}$$

↑  
orthogonal matrix

Representations:

$$R_2 R_1 \vec{r} = R_2 (\vec{e}_k O_{kj}^{(1)} x_j) = \vec{e}_l O_{lk}^{(2)} O_{kj}^{(1)} x_j = \vec{e}_l (O_{lj}^{(2)} O_{kj}^{(1)}) x_j$$

$$\begin{aligned}
 R_{\vec{u}}(d\alpha) \vec{e}_j &= \vec{e}_j + \vec{u} \times \vec{e}_j d\alpha \\
 &= \vec{e}_k (\delta_{kj} + \epsilon_{kjl} u_l d\alpha) \\
 &= \vec{e}_k \underbrace{(\delta_{kj} - d\alpha \epsilon_{kjl} u_l)}_{O_{kj}}
 \end{aligned}$$

$$0 = 1 + \det M$$

$$O_{kj} = \delta_{kj} + \det(M_{\vec{u}})_{kj} \quad ; \quad (M_{\vec{u}})_{kj} = -\epsilon_{kjl} u_l$$

$$\begin{aligned} & \vec{R}_{\vec{u}_2}^{-1}(\det_2) \vec{R}_{\vec{u}_1}^{-1}(\det_1) \vec{R}_{\vec{u}_2}(\det_2) \vec{R}_{\vec{u}_1}(\det_1) \\ & = \vec{e}_k O_{kj} x_j \end{aligned}$$

$$0 = e^{-\det_2 M_2} e^{-\det_1 M_1} e^{\det_2 M_2} e^{\det_1 M_1} = 1 + \det_1 \det_2 [M_{\vec{u}_2}, M_{\vec{u}_1}]$$

$$\begin{aligned} & e^{-\det_1 M_1} (1 + \det_2 M_2 + \frac{1}{2} \det_2^2 M_2^2) e^{\det_1 M_1} \\ & = 1 + \det_2 (M_2 + \det_1 [M_1, M_2]) + \frac{1}{2} \det_2^2 M_2^2 \\ & = 1 + \det_2 M_2 + \det_1 \det_2 [M_2, M_1] + \frac{1}{2} \det_2^2 M_2^2 \\ & = e^{\det_2 M_2} (1 + \det_1 \det_2 [M_2, M_1]) \end{aligned}$$

$$(M_{\vec{e}_k})_{ij} = \epsilon_{kij} = -\epsilon_{ikj}$$

$$\begin{aligned} M_{\vec{e}_x} &= \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & -1 \\ 0 & 1 & 0 \end{pmatrix} \\ M_{\vec{e}_y} &= \begin{pmatrix} 0 & 0 & 1 \\ -1 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} \\ M_{\vec{e}_z} &= \begin{pmatrix} 0 & 1 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} \end{aligned}$$

$$[M_{\vec{e}_j}, M_{\vec{e}_k}] = M_{\vec{e}_j} M_{\vec{e}_k} - M_{\vec{e}_k} M_{\vec{e}_j}$$

$$\begin{aligned} ([M_{\vec{e}_j}, M_{\vec{e}_k}])_{lm} &= (M_{\vec{e}_j})_{ln} (M_{\vec{e}_k})_{nm} - (M_{\vec{e}_k})_{ln} (M_{\vec{e}_j})_{nm} \\ &= +\epsilon_{jln} \epsilon_{knm} - \epsilon_{kln} \epsilon_{jnm} \\ &= -\epsilon_{nijl} \epsilon_{nkms} + \epsilon_{nkl} \epsilon_{njm} \\ &= -(\delta_{jk} \delta_{lm} - \delta_{jm} \delta_{lk}) + (\delta_{kj} \delta_{lm} - \delta_{km} \delta_{jl}) \\ &= \delta_{jm} \delta_{kl} - \delta_{jl} \delta_{km} \\ &= -\epsilon_{jkn} \epsilon_{lmn} \\ &= \epsilon_{jkn} (M_{\vec{e}_n})_{lm} \end{aligned}$$

Notice that

$$[M_{\vec{e}_j}, M_{\vec{e}_k}] = \epsilon_{jkl} M_{\vec{e}_l}$$

$$[iM_{\vec{e}_j}, iM_{\vec{e}_k}] = i\epsilon_{jkl}(iM_{\vec{e}_l})$$

$$R_{\vec{e}_y}^{-1}(d\alpha_y) R_{\vec{e}_x}^{-1}(d\alpha_x) R_{\vec{e}_y}(d\alpha_y) R_{\vec{e}_x}(d\alpha_x) = R_{\vec{e}_z}(-d\alpha_x d\alpha_y)$$

$$0 = 1 + d\alpha_x d\alpha_y [M_{\vec{e}_y}, M_{\vec{e}_x}] = 1 - d\alpha_x d\alpha_y M_{\vec{e}_z}$$

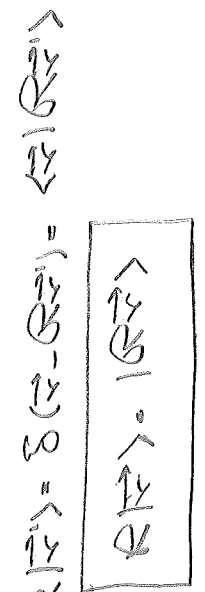
Demonstration

States:  $|\psi\rangle \xrightarrow{R_{\vec{u}}(\alpha)} |\psi'\rangle = R_{\vec{u}}(\alpha) |\psi\rangle$

$$\langle \vec{r}' | \psi' \rangle = \langle \vec{r}' | \psi \rangle = \langle R_{\vec{u}}^{-1}(\alpha) \vec{r}' | \psi \rangle$$

$$= \langle \vec{r}' | R_{\vec{u}}(\alpha) | \psi \rangle$$

$$\boxed{\langle \vec{r}' | R_{\vec{u}}(\alpha) | \psi \rangle = \langle R_{\vec{u}}^{-1}(\alpha) \vec{r}' | \psi \rangle}$$



(i) R linear

matrix elements:  $\langle \vec{r}' | R | \vec{r} \rangle = \langle R^{-1} \vec{r}' | \vec{r} \rangle = \delta(\vec{r}' - R \vec{r}) = \delta(R \vec{r}' - \vec{r})$

(ii) R unitary

$$\langle \vec{r}' | R^\dagger R | \vec{r} \rangle = \int d^3x'' \underbrace{\langle \vec{r}' | R^\dagger | \vec{r}'' \rangle}_{\delta(\vec{r}' - R \vec{r}'')} \underbrace{\langle \vec{r}'' | R | \vec{r} \rangle}_{\delta(\vec{r}'' - R \vec{r})}$$

$$\begin{aligned} \langle \vec{r}' | R^\dagger R | \vec{r} \rangle &= \langle R \vec{r}' | R \vec{r} \rangle \\ &= \delta(R \vec{r}' - R \vec{r}) \\ &= \delta(\vec{r}' - \vec{r}) \end{aligned}$$

$$\Rightarrow R^\dagger R = 1$$

(iii) Rep of rotation group:  $R_2 R_1 = R_3 \Rightarrow R_2 R_1 = R_3$

$$\begin{aligned}
\langle \vec{r} | R_2 R_1 | \psi \rangle &= \langle R_2^{-1} \vec{r} | R_1 | \psi \rangle \\
&= \langle R_1^{-1} R_2^{-1} \vec{r} | \psi \rangle \\
&= \langle (R_2 R_1)^{-1} \vec{r} | \psi \rangle \\
&= \langle R_3^{-1} \vec{r} | \psi \rangle \\
&= \langle \vec{r} | R_3 | \psi \rangle
\end{aligned}$$

What are they?

Let  $\vec{u} = \vec{e}_z$ :

$$\begin{aligned}
\langle \vec{r} | R_{\vec{e}_z}(\alpha) | \psi \rangle &= \langle R_{\vec{e}_z}^{-1}(\alpha) \vec{r} | \psi \rangle \\
&= \langle \vec{r} - \alpha \vec{e}_z \times \vec{r} | \psi \rangle \\
&= \langle \vec{r} - \alpha (x \vec{e}_y - y \vec{e}_x) | \psi \rangle \\
&= \langle x + \alpha y, y - \alpha x, z | \psi \rangle \\
&= \langle x, y, z | \psi \rangle - \alpha (-y \frac{\partial}{\partial x} + x \frac{\partial}{\partial y}) \langle x, y, z | \psi \rangle \\
&= \langle \vec{r} | \psi \rangle - \frac{i}{\hbar} \alpha \left( x \frac{\hbar}{i} \frac{\partial}{\partial y} - y \frac{\hbar}{i} \frac{\partial}{\partial x} \right) \langle \vec{r} | \psi \rangle \\
&= \langle \vec{r} | (X P_y - Y P_x) | \psi \rangle \\
&= \langle \vec{r} | L_z | \psi \rangle \\
&= \langle \vec{r} | (1 - \frac{i}{\hbar} \alpha L_z) | \psi \rangle
\end{aligned}$$



Generalize: orbital am of many particles  
spin fields

$$R_{\vec{u}}(\alpha) = e^{-\frac{i}{\hbar} \alpha \vec{u} \cdot \vec{J}}$$

Angular momentum is generator of rotations

Spin-1/2 (half-angles)

$$R_{\vec{e}_z}(\alpha) |k, j, m\rangle = e^{-\frac{i}{\hbar} \alpha J_z} |k, j, m\rangle$$

$$= e^{-i \alpha m} |k, j, m\rangle$$

$\left\{ \begin{array}{l} +1, \quad j \text{ integral} \\ -1, \quad j \text{ half-integral} \end{array} \right.$

### Observables

$$C-T: \vec{A} = R A R^\dagger$$

$$\langle \psi' | \vec{A} | \psi' \rangle = \langle \psi | A | \psi \rangle$$

$$A' = R^\dagger A R$$

$$\langle \psi | A' | \psi \rangle = \langle \psi' | A | \psi' \rangle$$

$$\langle \vec{r} | \vec{A} | \vec{r}' \rangle = \langle \vec{r} | R A R^\dagger | \vec{r}' \rangle = \langle R^\dagger \vec{r} | A | R \vec{r}' \rangle$$

$$\langle \vec{r} | A' | \vec{r}' \rangle = \langle \vec{r} | R^\dagger A R | \vec{r}' \rangle = \langle R \vec{r} | A | R \vec{r}' \rangle$$

Example:  $\vec{J} = \vec{L}$

$$\langle \vec{r} | R | \vec{r}' \rangle = \langle R \vec{r} | R | R \vec{r}' \rangle$$

$$= R \delta(R \vec{r} - R \vec{r}') \quad \vec{r}' = x'_j \vec{e}_j$$

$$= R \delta(\vec{r} - \vec{r}') \quad R \vec{r}' = x'_j R \vec{e}_j$$

$$= \langle \vec{r} | R R | \vec{r}' \rangle \quad \vec{r} = x_j \vec{e}_j$$

$$\Rightarrow R = R R$$

$$R R = x_j R \vec{e}_j$$

$$\begin{aligned}
 \text{ii) } \langle \vec{s}_1 | \vec{P}_1 | \vec{s}_1 \rangle &= \langle \vec{R} \vec{s}_1 | \vec{P} | \vec{R} \vec{s}_1 \rangle \\
 &= \int d^3x \Delta_{\vec{R} \vec{s}_1} \delta(\vec{R} \vec{s}_1 - \vec{R} \vec{s}_1) \\
 &= \int d^3x \Delta_{\vec{R} \vec{s}_1} \delta(\vec{s}_1 - \vec{s}_1) \quad \vec{s}_1 \cdot \vec{R} \\
 &\quad \uparrow \vec{R} \Delta_{\vec{s}_1} \\
 &= \vec{R} \langle \vec{s}_1 | \vec{P} | \vec{s}_1 \rangle \\
 &= \langle \vec{s}_1 | \vec{R} \vec{P} | \vec{s}_1 \rangle
 \end{aligned}$$

$$\vec{P}' = \vec{R} \vec{P}$$

(iii)  $H = \vec{P}^2 / 2m + V(\vec{R})$

$H' = \vec{P}'^2 / 2m + V(\vec{R} \vec{R}') \leftarrow$

Ⓢ Symmetries and conservation laws

Conservation of  $\vec{J} \iff [\vec{J}, H]_{\text{com}} \implies H' = H$

Vector operators:

$$\vec{V}' = \vec{R}^\dagger \vec{V} \vec{R} = \vec{R} \vec{V} = (\vec{u} \cdot \vec{V}) \vec{u} - \vec{u} \times (\vec{u} \times \vec{V}) \cos \alpha + \vec{u} \times \vec{V} \sin \alpha$$

$$\langle \psi | \vec{V}' | \psi \rangle = \vec{R} \langle \psi | \vec{V} | \psi \rangle = \langle \psi | \vec{R}^\dagger \vec{V} \vec{R} | \psi \rangle = \langle \psi | \vec{V} | \psi \rangle$$

or  $\vec{V}' = \vec{R} (\vec{R} \vec{V} \vec{R}^\dagger) = \vec{R} \vec{V}$

Notice that  $\vec{V}'_{\parallel} = \vec{R}^\dagger (\vec{V}_{\parallel}) \vec{R} = \vec{R} \vec{V}_{\parallel}$

$$\vec{V}'_{\perp} = \vec{R}^\dagger \vec{V}_{\perp} \vec{R} = \vec{V}_{\perp} \cdot \vec{R} \cdot \vec{R}^\dagger = \vec{V}_{\perp} \cdot \vec{O}_{\vec{u}} \cdot \vec{O}_{\vec{u}} \vec{V}_{\perp}$$

Apply to infinitesimal rotations

$$e^{\frac{i}{\hbar} d\alpha \vec{u} \cdot \vec{J}} \vec{V} e^{-\frac{i}{\hbar} d\alpha \vec{u} \cdot \vec{J}} = R \vec{V} = \vec{V} + d\alpha \vec{u} \times \vec{V}$$

$$e^{\frac{i}{\hbar} d\alpha \vec{u} \cdot \vec{J}} V_j e^{-\frac{i}{\hbar} d\alpha \vec{u} \cdot \vec{J}} = V_j + d\alpha \epsilon_{jkn} u_n V_k$$

"

$$V_j + \frac{i}{\hbar} d\alpha [\vec{u} \cdot \vec{J}, V_j]$$

$$V_j + d\alpha u_n \epsilon_{jkn} V_k$$

$$= V_j + \frac{i}{\hbar} d\alpha u_n [J_n, V_j]$$

$$= V_j - \frac{i}{\hbar} d\alpha u_n [V_j, J_n]$$

$$\Rightarrow -\frac{i}{\hbar} [V_j, J_n] = \epsilon_{jkn} V_k$$

$$[V_j, J_n] = i\hbar \epsilon_{jkn} V_k$$

Direct check of finite rotations

$$R^\dagger V_j R = e^{\frac{i}{\hbar} \alpha \vec{u} \cdot \vec{J}} V_j e^{-\frac{i}{\hbar} \alpha \vec{u} \cdot \vec{J}}$$

$$= V_j + \frac{i}{\hbar} \alpha [\vec{u} \cdot \vec{J}, V_j] + \frac{1}{2} \left(\frac{i}{\hbar}\right)^2 \alpha^2 [\vec{u} \cdot \vec{J}, [\vec{u} \cdot \vec{J}, V_j]]$$

$$\frac{i}{\hbar} [\vec{u} \cdot \vec{J}, V_j] = \frac{i}{\hbar} u_n [J_n, V_j] = -\frac{i}{\hbar} u_n [V_j, J_n] = -\frac{i}{\hbar} u_n \epsilon_{jkn} V_k = (\vec{u} \times \vec{V})_j$$

$$\frac{i}{\hbar} [\vec{u} \cdot \vec{J}, V_j] = (\vec{u} \times \vec{V})_j$$

check

$$\left(\frac{i}{\hbar}\right)^2 [\vec{u} \cdot \vec{J}, [\vec{u} \cdot \vec{J}, V_j]] = \frac{i}{\hbar} [\vec{u} \cdot \vec{J}, (\vec{u} \times \vec{V})_j] = (\vec{u} \times (\vec{u} \times \vec{V}))_j$$

$$\left(\frac{i}{\hbar}\right)^2 [\vec{u} \cdot \vec{J}, [\vec{u} \cdot \vec{J}, V_j]] \cdot (\vec{u} \times (\vec{u} \times \vec{V}))_j = u_j (\vec{u} \cdot \vec{V}) - V_j$$

$$\left(\frac{i}{\hbar}\right)^3 [\vec{u} \cdot \vec{J}, [\vec{u} \cdot \vec{J}, [\vec{u} \cdot \vec{J}, V_j]]] \cdot (\vec{u} \times \vec{V})_j$$

$$R^+ V_j R = V_j + \alpha (\vec{u} \times \vec{V})_j + \frac{1}{2!} \alpha^2 (\vec{u} \times (\vec{u} \times \vec{V}))_j$$

$$- \frac{1}{3!} \alpha^3 (\vec{u} \times \vec{V})_j - \frac{1}{4!} \alpha^4 (\vec{u} \times (\vec{u} \times \vec{V}))_j$$

$$= V_j + (\vec{u} \times (\vec{u} \times \vec{V}))_j - \cos \alpha (\vec{u} \times (\vec{u} \times \vec{V}))_j + \sin \alpha (\vec{u} \times \vec{V})_j$$

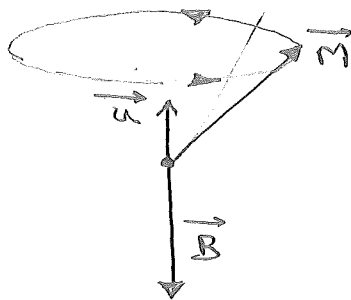
$$R^+ \vec{V} R = \underbrace{\vec{V} + \vec{u} \times (\vec{u} \times \vec{V})}_{\vec{V}(\vec{u} \cdot \vec{V})} - \vec{u} \times (\vec{u} \times \vec{V}) \cos \alpha + \vec{u} \times \vec{V} \sin \alpha$$

Example:

$$H = -\vec{M} \cdot \vec{B} = \gamma B \vec{J} \cdot \vec{u}$$

$$\vec{M} = \gamma \vec{J}$$

$$\vec{B} = B \vec{u}$$



$$U(t,0) = e^{-\frac{i}{\hbar} H t} = e^{-\frac{i}{\hbar} \gamma B t \vec{J} \cdot \vec{u}} = R_{\vec{u}}(\alpha) \quad \alpha = \omega_L t$$

$$HP: \vec{V}_H(t) = U^+(t,0) \vec{V}_S U(t,0) = R^+ \vec{V}_S R$$

$$i\hbar \frac{d\vec{V}_H}{dt} = [\vec{V}_H, H_H] = \vec{e}_j \gamma B u_k \underbrace{[(V_H)_j, (J_H)_k]}_{i\hbar \epsilon_{jkl} (V_H)_l}$$

$$\frac{d\vec{V}_H}{dt} = \gamma B \vec{e}_j \underbrace{\epsilon_{jkl} u_k (V_H)_l}_{\vec{u} \times \vec{V}_H} = \gamma B \vec{u} \times \vec{V}_H$$

$$\vec{V}_H(t) = R_{\vec{u}}^{\dagger}(\alpha) \vec{V}_S R_{\vec{u}}(\alpha) = R_{\vec{u}}(\alpha) \vec{V}_S$$

Two-tensor operator:

$$\vec{A} \cdot \sum_{jk} \alpha_{jk} \vec{e}_j \otimes \vec{e}_k$$

$$\begin{aligned} R^\dagger \vec{A} R &= \sum_{jk} R^\dagger \alpha_{jk} R \vec{e}_j \otimes \vec{e}_k = \sum_{jk} \alpha_{jk} \underbrace{R^\dagger \vec{e}_j}_{\vec{e}_l O_{lj}} \otimes \underbrace{R^\dagger \vec{e}_k}_{\vec{e}_m O_{mk}} \\ &= \sum_{lm} O_{lj} \alpha_{jk} O_{mk} \vec{e}_l \otimes \vec{e}_m \\ &= \sum_{lm} O_{jl} \alpha_{lm} O_{mn} \vec{e}_j \otimes \vec{e}_n \end{aligned}$$

$$\Rightarrow R^\dagger \alpha_{jk} R = \sum_{lm} O_{jl} \alpha_{lm} O_{mn}$$

Infiniteesimal:  $R = e^{-\frac{i}{\hbar} \vec{\theta} \cdot \vec{J}} = 1 - \frac{i}{\hbar} d\vec{\theta} \cdot \vec{J}$

$$O_{jk} = \delta_{jk} - d\theta \epsilon_{jkn} \hat{n}_n$$

$$\left(1 + \frac{i}{\hbar} d\vec{\theta} \cdot \vec{J}\right) \alpha_{jk} \left(1 - \frac{i}{\hbar} d\vec{\theta} \cdot \vec{J}\right)$$

$$= \left(\delta_{jl} - d\theta \epsilon_{jln} \hat{n}_n\right) \alpha_{lm} \left(\delta_{km} - d\theta \epsilon_{kmn} \hat{n}_n\right)$$

$$= \alpha_{jk} + \frac{i}{\hbar} d\theta [\vec{n} \cdot \vec{J}, \alpha_{jk}]$$

$$= \alpha_{jk} - d\theta \epsilon_{jln} \hat{n}_n \alpha_{lm} \delta_{km}$$

$$- d\theta \epsilon_{kmn} \hat{n}_n \alpha_{lm} \delta_{jl}$$

$$= \alpha_{jk} - d_0 (\epsilon_{jkn} v_n \alpha_{lk} + \epsilon_{kmp} v_p \alpha_{jm})$$

$$= \alpha_{jk} - d_0 v_n (\epsilon_{njk} \alpha_{lk} + \epsilon_{nkm} \alpha_{jm})$$

$$= \alpha_{jk} - d_0 v_n (\epsilon_{njk} \alpha_{lk} - \epsilon_{nmk} \alpha_{jm})$$

$$\frac{i}{\hbar} v_n [J_n, \alpha_{jk}] = -v_n (\epsilon_{njk} \alpha_{lk} - \epsilon_{nmk} \alpha_{jm})$$

$$\frac{i}{\hbar} [J_n, \alpha_{jk}] = -(\epsilon_{njk} \alpha_{lk} - \epsilon_{nmk} \alpha_{jm})$$

$$[\alpha_{jk}, J_n] = -i\hbar (\epsilon_{njk} \alpha_{lk} - \epsilon_{nmk} \alpha_{jm})$$

$$[\alpha_{jk}, J_k] = i\hbar (\epsilon_{kmn} \alpha_{jm} - \epsilon_{kjm} \alpha_{mk})$$

$$[\alpha_{jk}, J_k] = i\hbar (\epsilon_{klm} \alpha_{jm} + \epsilon_{jln} \alpha_{mk})$$