

Physics 521

Problem Set # 2 Solutions

Problem 1: Functions of an operator

Given an analytic function $f(x) = \sum_{n=0}^{\infty} f_n x^n$

we define the operator $f(\hat{A}) = \sum_{n=0}^{\infty} f_n \hat{A}^n$

(a) In its eigen-decomposition $\hat{A} = \sum_a a \hat{P}_a$

where implicitly, I assume $\hat{P}_a = |a\rangle\langle a|$ (one D)

Aside $\left\{ \begin{array}{l} : \hat{P}_a^m \hat{P}_{a'}^n = \hat{P}_a \delta_{aa'}, \text{ Since this is Projection.} \\ \Rightarrow \hat{A}^n = \sum_a a^n \hat{P}_a \end{array} \right\}$

$$\therefore f(\hat{A}) = \sum_a \left(\sum_{n=0}^{\infty} f_n a^n \right) \hat{P}_a = \sum_a f(a) \hat{P}_a$$

Thus we can think of a function of a diagonalizable operator as taking function of its eigenvalues.

(b) Let \hat{A} be anti-Hermitian, and define $f(\hat{A}) = e^{\hat{A}}$

Note: \hat{A} must be normal $\Rightarrow [\hat{A}, \hat{A}^\dagger] = 0$

$$\text{Now } f(\hat{A})^\dagger = \left(\sum_n \frac{1}{n!} \hat{A}^n \right)^\dagger = \sum_n \frac{1}{n!} (\hat{A}^\dagger)^n = e^{\hat{A}^\dagger}$$

$$\therefore f(\hat{A}) \cdot f(\hat{A})^\dagger = e^{\hat{A}} \cdot e^{-\hat{A}} = e^{\hat{A} + (-\hat{A})} = e^0 = \mathbb{1}$$

$$\therefore [\hat{A}, -\hat{A}] = 0$$

The goal

Show that

(c) let \hat{H} has the following eigen decomposition

$$\hat{H} = \sum_n E_n |E_n\rangle\langle E_n|$$

$$\hat{A} = i\hat{H} = \sum_n i E_n |E_n\rangle\langle E_n|$$

$$f(\hat{A}) = e^{\hat{A}} = e^{i\hat{H}} = \sum_n e^{i E_n} |E_n\rangle\langle E_n|$$

(d)

The goal

Show that
$$UBU^t = e^{\hat{A}} B e^{-\hat{A}} = \sum_{n=0}^{\infty} \frac{1}{n!} [\hat{A}, B]^{(n)}$$

where
$$[\hat{A}, B]^{(n)} \equiv [\hat{A}, [\hat{A}, B]^{(n-1)}] = [\hat{A}, \underbrace{[\hat{A}, [\hat{A}, \dots [\hat{A}, B]]}_{n \text{ times}}]$$

$$\begin{aligned} \Rightarrow e^{\hat{A}} B e^{-\hat{A}} &= \sum_{n=0}^{\infty} \sum_{m=0}^{\infty} \frac{(-1)^m}{n! m!} \hat{A}^n B \hat{A}^m \\ &= \sum_{n=0}^{\infty} \sum_{m=0}^n \frac{(-1)^m}{(n-m)! m!} \hat{A}^{n-m} B \hat{A}^m \quad \left(\begin{array}{l} \text{Grouping} \\ \text{terms of} \\ \text{given total power} \\ \text{of } \hat{A} \end{array} \right) \\ &= \sum_{n=0}^{\infty} \frac{1}{n!} \sum_{m=0}^n \frac{n!}{(n-m)! m!} (-1)^m \hat{A}^{n-m} B \hat{A}^m \\ &= \sum_{n=0}^{\infty} \frac{1}{n!} \sum_{m=0}^n \binom{n}{m} (-1)^m \hat{A}^{n-m} B \hat{A}^m \\ &\quad \uparrow \\ &\quad \text{Binomial coefficient} \\ &\quad n\text{-Choose } m \end{aligned}$$

Aside: Note if $[\hat{A}, \hat{B}] = 0$ then

$$[\hat{A}, \hat{B}]^{(n)} = (\hat{A} - \hat{A})^n \hat{B} \\ = \delta_{n,0} \text{ as expected}$$

We will just show first few terms

$$n=0 \quad [\hat{A}, \hat{B}]^{(0)} = \hat{B} \stackrel{?}{=} \sum_{m=0}^0 \binom{0}{m} (-1)^m \hat{A}^{-m} \hat{B} \hat{A}^m \\ = \binom{0}{0} \hat{B} = \hat{B} \quad \checkmark$$

$$n=1 \quad [\hat{A}, \hat{B}]^{(1)} = \hat{A}\hat{B} - \hat{B}\hat{A} \stackrel{?}{=} \sum_{m=0}^1 \binom{1}{m} (-1)^m \hat{A}^{1-m} \hat{B} \hat{A}^m \\ = \binom{1}{0} \hat{A}\hat{B} - \binom{1}{1} \hat{B}\hat{A} \\ = \hat{A}\hat{B} - \hat{B}\hat{A} \quad \checkmark$$

$$n=2 \quad [\hat{A}, \hat{B}]^{(2)} = [\hat{A}, [\hat{A}, \hat{B}]] \\ = \hat{A}^2\hat{B} - \hat{A}\hat{B}\hat{A} - (\hat{A}\hat{B}\hat{A} - \hat{B}\hat{A}^2) \\ = \hat{A}^2\hat{B} - 2\hat{A}\hat{B}\hat{A} + \hat{B}\hat{A}^2 \\ \stackrel{?}{=} \sum_{m=0}^2 \binom{2}{m} (-1)^m \hat{A}^{2-m} \hat{B} \hat{A}^m \\ = \binom{2}{0} \hat{A}^2\hat{B} - \binom{2}{1} \hat{A}\hat{B}\hat{A} + \binom{2}{2} \hat{B}\hat{A}^2 \\ = \hat{A}^2\hat{B} - 2\hat{A}\hat{B}\hat{A} + \hat{B}\hat{A}^2 \quad \checkmark$$

$$n=3, \quad [\hat{A}, \hat{B}]^{(3)} = [\hat{A}, [\hat{A}, \hat{B}]^{(2)}] = \hat{A}^3\hat{B} - 2\hat{A}^2\hat{B}\hat{A} + \hat{A}\hat{B}\hat{A}^2 \\ - (\hat{A}^2\hat{B}\hat{A} - 2\hat{A}\hat{B}\hat{A}^2 + \hat{B}\hat{A}^3) \\ = \hat{A}^3\hat{B} - 3\hat{A}^2\hat{B}\hat{A} + 3\hat{A}\hat{B}\hat{A}^2 - \hat{B}\hat{A}^3$$

$$\begin{aligned}
 &= \sum_{m=0}^3 \binom{3}{m} (-1)^m \hat{A}^{3-m} \hat{B} \hat{A}^m \\
 &= \binom{3}{0} \hat{A}^3 \hat{B} - \binom{3}{1} \hat{A}^2 \hat{B} \hat{A} + \binom{3}{2} \hat{A} \hat{B} \hat{A}^2 - \binom{3}{3} \hat{B} \hat{A}^3 \\
 &= \hat{A}^3 \hat{B} - 3 \hat{A}^2 \hat{B} \hat{A} + 3 \hat{A} \hat{B} \hat{A}^2 - \hat{B} \hat{A}^3
 \end{aligned}$$

This holds for all (n)

Problem 2: Polar Decomposition

Consider an operator \hat{M} and define $\hat{R}_L = \sqrt{\hat{M} \hat{M}^\dagger}$

and $\hat{R}_R = \sqrt{\hat{M}^\dagger \hat{M}}$. Note $\hat{M}^\dagger \hat{M}$ and $\hat{M} \hat{M}^\dagger$ are

Positive operators, since $\forall |\psi\rangle \Rightarrow \begin{cases} \langle \psi | \hat{M}^\dagger \hat{M} | \psi \rangle = \|\hat{M}|\psi\rangle\|^2 \geq 0 \\ \langle \psi | \hat{M} \hat{M}^\dagger | \psi \rangle = \|\hat{M}^\dagger|\psi\rangle\|^2 \geq 0 \end{cases}$

$\Rightarrow \hat{R}_R$ and \hat{R}_L are Positive Hermitian operators

To see this express $\hat{M}^\dagger \hat{M} = \sum_{\lambda_R} \mu_R |\mu_R\rangle \langle \mu_R|$

(ie $\hat{M}^\dagger \hat{M}$ is Hermitian and thus has eigen-decomp)

Since $\mu_R \geq 0 \quad \sqrt{\mu_R} \geq 0$

$\Rightarrow \hat{R}_R = \sum_R \sqrt{\mu_R} |\mu_R\rangle \langle \mu_R|$ is Positive Hermitian

The same holds for \hat{R}_L

We further assume \hat{M} is invertible \Rightarrow no zero eigenvalues

$\Rightarrow \hat{R}_L$ and \hat{R}_R are invertible

Now define $\hat{U}_L = \hat{R}_L^{-1} \hat{M}$ and $\hat{U}_R = \hat{M} \hat{R}_R^{-1}$

We seek to show that $\hat{U}_L = \hat{U}_R$ and it is a unitary operator.

Let us first show that \hat{U}_L is unitary

$$\hat{U}_L^\dagger = \hat{M}^\dagger (\hat{R}_L^{-1})^\dagger = \hat{M}^\dagger \hat{R}_L^{-1} \rightarrow \text{Hermitian}$$

$$\Rightarrow \hat{U}_L \hat{U}_L^\dagger = \frac{1}{\sqrt{\hat{M} \hat{M}^\dagger}} \hat{M} \hat{M}^\dagger \frac{1}{\sqrt{\hat{M} \hat{M}^\dagger}} = \frac{1}{\hat{M} \hat{M}^\dagger} \hat{M} \hat{M}^\dagger = \mathbb{I}$$

In finite dim $\Rightarrow \hat{U}_L^\dagger \hat{U}_L = \mathbb{I}$ also

The same follows for \hat{U}_R

Now show $\hat{U}_R = \hat{U}_L = \hat{U}$

$$\text{If done true } \hat{R}_L \hat{U} \stackrel{?}{=} \hat{U} \hat{R}_R$$

$$\Rightarrow \hat{U}^\dagger \hat{R}_L \hat{U} \stackrel{?}{=} \hat{R}_R$$

To show last line, multiply both sides by

their adjoints:

$$\hat{R}_R^\dagger \hat{R}_R = \hat{R}_R^2 \stackrel{?}{=} \hat{U}^\dagger \hat{R}_L \hat{U} \hat{U}^\dagger \hat{R}_L^\dagger \hat{U}$$

$$\Rightarrow \hat{R}_R^2 \stackrel{?}{=} \hat{U}^\dagger \hat{R}_L^2 \hat{U}$$

$$\Rightarrow \hat{M}^\dagger \hat{M} \stackrel{?}{=} \left(\hat{M}^\dagger \frac{1}{\hat{R}_L} \hat{R}_L^2 \frac{1}{\hat{R}_L} \hat{M} \right)$$

$$\hat{M}^\dagger \hat{M} = \hat{M}^\dagger \hat{M}$$

Thus given \hat{M} with $\hat{R}_R = \sqrt{\hat{M}^\dagger \hat{M}}$ invertibles
 $\hat{R}_L = \sqrt{\hat{M} \hat{M}^\dagger}$

\exists a unitary s.t

$$\hat{M} = \hat{R}_L \hat{U} = \hat{U} \hat{R}_R$$

This is clearly an operator generalization of the polar decomposition for complex numbers. $z = r e^{i\theta}$ $r = \sqrt{z z^*} \geq 0$
 $e^{i\theta} = z/r$

(b) Given a normal operator $\hat{M} = \sum_{\lambda} \lambda |\lambda\rangle\langle\lambda|$
 $\lambda = |\lambda| e^{i\theta_{\lambda}}$

$$\hat{R}_L = \hat{R}_R = \sum_{\lambda} |\lambda| |\lambda\rangle\langle\lambda|$$

$$\hat{U} = \sum_{\lambda} e^{i\theta_{\lambda}} |\lambda\rangle\langle\lambda|$$

$$\Rightarrow \hat{M} = \sum_{\lambda} |\lambda| e^{i\theta_{\lambda}} |\lambda\rangle\langle\lambda|$$

$$[\hat{R}, \hat{U}] = 0 \quad \text{for normal operator.}$$

(c) we need to find the polar decomposition of

$$\hat{M} = \mathbb{1} + \frac{\hat{\sigma}_x - i\hat{\sigma}_y}{2}$$

This operator may be represented as

$$\hat{M} \rightarrow \begin{pmatrix} 1 & 0 \\ i & 1 \end{pmatrix}$$

Then we can find

$$\hat{R}_L^2 = \hat{M} \hat{M}^\dagger = \begin{pmatrix} 1 & 1 \\ i & 2 \end{pmatrix}$$

We then need to find the square root of this matrix to get \hat{R}_L . Just guessing a matrix that squares to this one is insufficient, as there are many such matrices. We must use what we know from Problem one to take square root.

Since $\hat{R}_L^2 = \hat{M} \hat{M}^\dagger$ is hermitian, we use following result

$$f(\hat{H}) = \sum_n f(\epsilon_n) |n\rangle\langle n|$$

First we find eigenvalues of \hat{R}_L^2 , which are

$$\frac{3 \pm \sqrt{5}}{2}$$

We also need the eigenvectors, which we can find by solving the equation

$$\lambda \begin{pmatrix} a \\ b \end{pmatrix} = \begin{pmatrix} 1 & 1 \\ 1 & 2 \end{pmatrix} \begin{pmatrix} a \\ b \end{pmatrix}$$

Solving gives $b = \frac{1 \pm \sqrt{5}}{2} a$

We also require normalization so that $a^2 + b^2 = 1$

$$a^2 = \frac{2}{5 \pm \sqrt{5}} = \frac{1}{\sqrt{5}} \frac{2}{\sqrt{5} \pm 1}$$

Now we just take positive square roots of eigenvalue.

$$\frac{3 \pm \sqrt{5}}{2} = \left(\frac{1 \pm \sqrt{5}}{2} \right)^2$$

$$\lambda_{\pm} = \frac{\sqrt{5} \pm 1}{2} \quad (\text{Positive roots})$$

eigen vectors are $|\lambda_{\pm}\rangle \Rightarrow \frac{1}{\sqrt{5}} \frac{1}{\sqrt{\lambda_{\pm}}} \begin{pmatrix} 1 \\ \pm \lambda_{\pm} \end{pmatrix}$

We have $\hat{R}_L = \lambda_+ |\lambda_+\rangle \langle \lambda_+| + \lambda_- |\lambda_-\rangle \langle \lambda_-|$

This can be worked out in matrix form

$$\hat{R}_L \rightarrow \frac{1}{\sqrt{5}} \left[\begin{pmatrix} 1 & \lambda_+ \\ \lambda_+ & \lambda_+^2 \end{pmatrix} + \begin{pmatrix} 1 & -\lambda_- \\ -\lambda_- & \lambda_-^2 \end{pmatrix} \right]$$

$$\rightarrow \frac{1}{\sqrt{5}} \begin{pmatrix} 2 & 1 \\ 1 & 3 \end{pmatrix}$$

Matrix can now be inverted

$$R_L^{-1} \rightarrow \frac{1}{\sqrt{5}} \begin{pmatrix} 3 & -1 \\ -1 & 2 \end{pmatrix}$$

then we can find

$$\hat{J} = R_L^{-1} \hat{M} \rightarrow \frac{1}{\sqrt{5}} \begin{pmatrix} 2 & -1 \\ 1 & 2 \end{pmatrix}$$

$$\therefore \hat{M} = \hat{R}_L \hat{J} = \left[\frac{1}{\sqrt{5}} \begin{pmatrix} 2 & 1 \\ 1 & 3 \end{pmatrix} \right] \left[\frac{1}{\sqrt{5}} \begin{pmatrix} 2 & -1 \\ 1 & 2 \end{pmatrix} \right]$$

For right polarization $\hat{R}_R = \hat{U}^\dagger \hat{R}_L \hat{U} \rightarrow \frac{1}{\sqrt{5}} \begin{pmatrix} 3 & 1 \\ 1 & 2 \end{pmatrix}$

$$\hat{M} = \hat{U} \hat{R}_R \rightarrow \left[\frac{1}{\sqrt{5}} \begin{pmatrix} 2 & -1 \\ 1 & 2 \end{pmatrix} \right] \left[\frac{1}{\sqrt{5}} \begin{pmatrix} 3 & 1 \\ 1 & 2 \end{pmatrix} \right]$$

Problem 3: The angular momentum operator

(a) $\hat{L}_i = \sum_{j,k} \epsilon_{ijk} \hat{x}_j \hat{p}_k$

$$[\hat{L}_i, \hat{L}_j] = \left[\sum_{a,b} \epsilon_{iab} \hat{x}_a \hat{p}_b, \sum_{c,d} \epsilon_{jcd} \hat{x}_c \hat{p}_d \right]$$

$$= \sum_{a,b} \sum_{c,d} \epsilon_{iab} \epsilon_{jcd} [\hat{x}_a \hat{p}_b, \hat{x}_c \hat{p}_d]$$

$$= \sum_{a,b,c,d} \epsilon_{iab} \epsilon_{jcd} \left\{ \hat{x}_a [\hat{p}_b, \hat{x}_c \hat{p}_d] + [\hat{x}_a, \hat{x}_c \hat{p}_d] \hat{p}_b \right\}$$

$$= \sum_{a,b,c,d} \epsilon_{iab} \epsilon_{jcd} \left\{ \hat{x}_a \hat{x}_c [\hat{p}_b, \hat{p}_d] + \hat{x}_a [\hat{p}_b, \hat{x}_c] \hat{p}_d + [\hat{x}_c, \hat{x}_a] \hat{p}_d \hat{p}_b + [\hat{x}_a, \hat{x}_c] \hat{p}_d \hat{p}_b \right\}$$

$$= \sum_{a,b,c,d} \epsilon_{iab} \epsilon_{jcd} \left\{ -i \delta_{bc} \hbar \hat{x}_a \hat{p}_d + i \delta_{ad} \hbar \hat{x}_c \hat{p}_b \right\}$$

$$= i \hbar \left[\sum_{a,b,c,d} (-\epsilon_{iab} \epsilon_{jcd} \delta_{bc} \hat{x}_a \hat{p}_d + \epsilon_{iab} \epsilon_{jcd} \delta_{ad} \hat{x}_c \hat{p}_b) \right]$$

$$= i \hbar \left[\sum_{a,b,d} \epsilon_{bia} \epsilon_{bjd} \hat{x}_a \hat{p}_d + \sum_{a,b,c} \epsilon_{aib} \epsilon_{ajc} \delta_{bc} \hat{x}_c \hat{p}_b \right]$$

exchanged c & j \rightarrow -ve sign
& b = c

$$\text{Now, } \sum_i \epsilon_{iabc} \epsilon_{icd} = \delta_{ac} \delta_{bd} - \delta_{ad} \delta_{bc}$$

$$\begin{aligned} [\hat{L}_i, \hat{L}_j] &= i\hbar \left[\sum_{a,d} (\delta_{ij} \delta_{ad} - \delta_{id} \delta_{aj}) \hat{x}_a \hat{p}_d \right. \\ &\quad \left. - \sum_{a,b,c} (\delta_{ij} \delta_{bc} - \delta_{ic} \delta_{bj}) \hat{x}_c \hat{p}_b \right] \\ &= i\hbar \left[\sum_a (\delta_{ij} \hat{x}_a \hat{p}_a) - \hat{x}_j \hat{p}_i - \sum_b \delta_{ij} \hat{x}_b \hat{p}_b \right. \\ &\quad \left. + \hat{x}_i \hat{p}_j \right] \\ &= i\hbar [\hat{x}_i \hat{p}_j - \hat{x}_j \hat{p}_i] \\ &= i\hbar \sum_k \epsilon_{ijk} \hat{L}_k \end{aligned}$$

$$\begin{aligned} \text{(b) } [\hat{L}_i, \hat{x}_j] &= \sum_{k,l} \epsilon_{ijk} [\hat{x}_k \hat{p}_l, \hat{x}_j] \\ &= \sum_{k,l} \epsilon_{ikl} \hat{x}_k [\hat{p}_l, \hat{x}_j] \\ &= \sum_{k,l} -i\hbar \delta_{lj} \epsilon_{ikl} \hat{x}_k \\ &= \sum_k \epsilon_{ijk} i\hbar \hat{x}_k \end{aligned}$$

$$\begin{aligned} [\hat{L}_i, \hat{p}_j] &= \sum_{k,l} \epsilon_{ikl} \hat{x}_k [\hat{p}_l, \hat{p}_j] \\ &= \sum_{k,l} \epsilon_{ikl} i\hbar \delta_{kj} \hat{p}_l \\ &= i\hbar \sum_l \epsilon_{ijl} \hat{p}_l = i\hbar \sum_k \epsilon_{ijk} \hat{p}_k \end{aligned}$$

$$\begin{aligned}
 [\hat{L}_i, \hat{p}^2] &= \left[\sum_{j,k,l} \epsilon_{ijk} \hat{r}_j \hat{p}_k, \sum_l \hat{p}_l \hat{p}_l \right] \\
 &= \sum_{j,k,l} \epsilon_{ijk} \hat{r}_j \left\{ 2 p_l [\hat{p}_k, \hat{p}_l] + [\hat{p}_k, \hat{p}_l] \hat{p}_l \right\} \\
 &= \sum_{j,k,l} \epsilon_{ijk} \left(-i\hbar \delta_{kl} \hat{r}_j \hat{p}_l + -i\hbar \delta_{kl} \hat{p}_l \right) \\
 &= -i\hbar \sum_{j,k,l} (\epsilon_{ijl} + \epsilon_{ijl}) \hat{r}_j \hat{p}_l
 \end{aligned}$$

also can be written
as $-2i\hbar (\vec{r} \times \vec{p})_i = 0$

$$\begin{aligned}
 &= -2i\hbar \sum_{j,l} \epsilon_{ijl} \hat{r}_j \hat{p}_l \\
 &= -i\hbar \sum_{j,l} \epsilon_{ijl} (\hat{r}_j \hat{p}_l + \hat{p}_l \hat{r}_j) \\
 &= -i\hbar \sum_{j,l} (\epsilon_{ijl} \hat{r}_j \hat{p}_l + \epsilon_{ilj} \hat{p}_l \hat{r}_j) \\
 &= -i\hbar \sum_{j,l} \underbrace{(\epsilon_{ijl} + \epsilon_{ilj})}_{=0} \hat{r}_j \hat{p}_l \\
 &= 0
 \end{aligned}$$

$$\begin{aligned}
 [\hat{L}_i, \hat{p}^2] &= \left[\sum_{j,k} \epsilon_{ijk} \hat{r}_j \hat{p}_k, \sum_l \hat{p}_l \hat{p}_l \right] \\
 &= \sum_{j,k,l} \epsilon_{ijk} \left(2 [\hat{r}_j, \hat{p}_l] \hat{p}_k \hat{p}_l \right) \\
 &= 2i\hbar \sum_{j,k,l} \delta_{jl} \epsilon_{ijk} \hat{p}_k \hat{p}_l \\
 &= 2i\hbar \sum_{j,k} \epsilon_{ijk} \hat{p}_j \hat{p}_k \\
 &= 2i\hbar (\vec{p} \times \vec{p})_i = 0
 \end{aligned}$$

$$\begin{aligned}
 [\hat{L}_i, \hat{L}^2] &= \left[\hat{L}_i, \sum_j \hat{L}_j \hat{L}_j \right] \\
 &= \sum_j [\hat{L}_i, \hat{L}_j] \hat{L}_j + \hat{L}_j [\hat{L}_i, \hat{L}_j] \\
 &= \sum_j \left(\sum_k i\hbar \epsilon_{ijk} \hat{L}_k \hat{L}_j + \sum_k i\hbar \epsilon_{ijk} \hat{L}_j \hat{L}_k \right) \\
 &= i\hbar \sum_{j,k} \epsilon_{ijk} (\hat{L}_k \hat{L}_j + \hat{L}_j \hat{L}_k)
 \end{aligned}$$

$$\begin{aligned}
&= i\hbar \left(\sum_{j,k} \epsilon_{ijk} \hat{L}_i \hat{L}_j + \sum_{j,k} \epsilon_{ijk} \hat{L}_j \hat{L}_i \right) \\
&= i\hbar \left(\sum_{j,k} \epsilon_{ikj} \hat{L}_j \hat{L}_i + \sum_{j,k} \epsilon_{ijk} \hat{L}_j \hat{L}_i \right) \\
&= i\hbar \sum_{j,k} \hat{L}_j \hat{L}_i (\underbrace{\epsilon_{ikj} + \epsilon_{ijk}}_0) \\
&= 0
\end{aligned}$$

(c)

We know that

$$\Delta A \cdot \Delta B \geq \frac{1}{2} |\langle [A, B] \rangle|$$

$$\begin{aligned}
\text{So } \Delta S_x \Delta S_y &\geq \frac{1}{2} |\langle [S_x, S_y] \rangle| \\
&\geq \frac{\hbar}{2} |\langle S_z \rangle|
\end{aligned}$$

(d)

$$\begin{aligned}
\Delta S_x^2 &= \langle S_x^2 \rangle - \langle S_x \rangle^2 \\
&= \langle +z | S_x^2 | +z \rangle - \langle +z | S_x | +z \rangle^2 \\
&= \frac{\hbar^2}{4} - 0 = \frac{\hbar^2}{4}
\end{aligned}$$

$$\Delta S_x = \frac{\hbar}{2}$$

$$\begin{aligned}
\Delta S_y^2 &= \langle S_y^2 \rangle - \langle S_y \rangle^2 \\
&= \frac{\hbar^2}{4} - 0 = \frac{\hbar^2}{4}
\end{aligned}$$

$$\Delta S_y = \frac{\hbar}{2}, \quad \Delta S_x \Delta S_y = \frac{\hbar^2}{4}$$

$$\langle S_z \rangle = \langle +z | S_z | +z \rangle = \frac{\hbar}{2}$$

$$\Delta S_x \Delta S_y = \frac{\hbar^2}{4} = \frac{\hbar}{2} |\langle S_z \rangle| = \frac{\hbar^2}{4}$$

$$S_x | +z \rangle = \frac{\hbar}{2} | -z \rangle$$

$$S_x | -z \rangle = \frac{\hbar}{2} | +z \rangle$$

$$S_y | +z \rangle = \frac{i\hbar}{2} | +z \rangle$$

$$S_y | -z \rangle = \frac{-i\hbar}{2} | -z \rangle$$