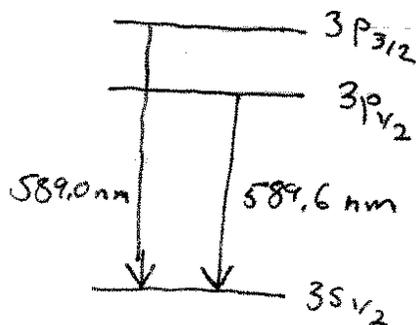


# Phys 522 P.S. # 9 Solutions

## Problem 1

Alkali atoms look a lot like Hydrogen with its one valence electron. The difference is that different  $l$ -values are nondegenerate due to the overlap of the valence wavefunction with the core.

Like Hydrogen spin-orbit coupling gives rise to fine structure



These closely spaced spectral lines are known as D1 and D2.

Not to scale

The nuclear spin gives rise to hyperfine structure. For the common isotope with atomic mass 23 amu:  $^{23}\text{Na}$  the nuclear spin is  $I = 3/2$

(a) The total angular momentum  $\vec{F} = \vec{I} + \vec{J}$  has possible values according to the triangle inequality

$$|I - J| \leq F \leq I + J$$

Ground state  $3s_{1/2}$ :  $J = 1/2$   $I = 3/2 \Rightarrow F = 2$  or  $1$

Excited states:  $3p_{1/2}$ :  $J = 1/2$   $I = 3/2 \Rightarrow F = 2$  or  $1$

$3p_{3/2}$ :  $J = 3/2$   $I = 3/2 \Rightarrow F = 3, 2, 1, 0$

C-G expansion

$$|(nlj) FM_F\rangle = \sum_{m_j m_I} \langle FM_F | j m_j I m_I \rangle |j m_j\rangle \otimes |I m_I\rangle$$

$$= \sum_{m_j} \langle FM_F | j m_j I m_F - m_j \rangle |j m_j\rangle \otimes |I m_F - m_j\rangle$$

radial wave function 3S understood

3S<sub>1/2</sub> state F=2

$$|3S_{1/2}; F=2, M_F=2\rangle = |\frac{1}{2} \frac{1}{2}\rangle \otimes |\frac{3}{2} \frac{3}{2}\rangle \quad (\text{stretched state})$$

$$|3S_{1/2}; F=2, M_F=1\rangle = \langle 2 | \frac{1}{2} \frac{1}{2} \frac{3}{2} \frac{1}{2} \rangle |\frac{1}{2} \frac{1}{2}\rangle |\frac{3}{2} \frac{1}{2}\rangle + \langle 2 | \frac{1}{2} -\frac{1}{2} \frac{3}{2} \frac{3}{2} \rangle |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} \frac{3}{2}\rangle$$

$$|3S_{1/2}; F=2, M_F=1\rangle = \frac{\sqrt{3}}{2} |\frac{1}{2} \frac{1}{2}\rangle |\frac{3}{2} \frac{1}{2}\rangle + \frac{1}{2} |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} \frac{3}{2}\rangle$$

$$|3S_{1/2}; F=2, M_F=0\rangle = \langle 20 | \frac{1}{2} \frac{1}{2} \frac{3}{2} -\frac{1}{2} \rangle |\frac{1}{2} \frac{1}{2}\rangle |\frac{3}{2} -\frac{1}{2}\rangle + \langle 20 | \frac{1}{2} -\frac{1}{2} \frac{3}{2} \frac{1}{2} \rangle |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} \frac{1}{2}\rangle$$

$$|3S_{1/2}; F=2, M_F=0\rangle = \frac{1}{\sqrt{2}} |\frac{1}{2} \frac{1}{2}\rangle |\frac{3}{2} -\frac{1}{2}\rangle + \frac{1}{\sqrt{2}} |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} \frac{1}{2}\rangle$$

Now use rule  $\langle J-M | j_1 -m_1, j_2 -m_2 \rangle = (-1)^{j_1+m_2-j} \langle JM | j_1 m_1, j_2 m_2 \rangle$

$$\Rightarrow |3S_{1/2}; F=2, M_F=-1\rangle = \frac{\sqrt{3}}{2} |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} -\frac{1}{2}\rangle + \frac{1}{2} |\frac{1}{2} \frac{1}{2}\rangle |\frac{3}{2} -\frac{3}{2}\rangle$$

$$|3S_{1/2}; F=2, M_F=-2\rangle = |\frac{1}{2} -\frac{1}{2}\rangle |\frac{3}{2} -\frac{3}{2}\rangle$$

(stretched state)

## The $3S_{1/2}$ state, $F=1$

We can determine these (up to an overall phase) just by orthogonality and selection rules. Here I will just use C-G coeffs

$$\begin{aligned} |3S_{1/2}; F=1 M_F=1\rangle &= \frac{1}{2} \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle - \frac{\sqrt{3}}{2} \left| \frac{1}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle \\ |3S_{1/2}; F=1 M_F=0\rangle &= \frac{1}{\sqrt{2}} \left( \left| \frac{1}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{1}{2} \right\rangle - \left| \frac{1}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} +\frac{1}{2} \right\rangle \right) \\ |3S_{1/2}; F=1 M_F=-1\rangle &= -\frac{1}{2} \left| \frac{1}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{1}{2} \right\rangle + \frac{\sqrt{3}}{2} \left| \frac{1}{2} +\frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{3}{2} \right\rangle \end{aligned}$$

We clearly see that  $\langle F' M_F' | F M_F \rangle = \delta_{FF'} \delta_{M_F' M_F}$  for all states in this manifold

## The $3P_{1/2}$ state $F=2$ or $1$

These states have the same addition of  $\vec{J} + \vec{I}$  as the  $3S_{1/2}$  state and thus have the same decomposition in the uncoupled basis  $|j m_j\rangle |I M_I\rangle$ . These states differ from  $3S_{1/2}$  in the radial wave funct.

## $3P_{3/2}$ state $F=3$

Now  $j=3/2$   $I=3/2$

Stretched state  $|3P_{3/2}; F=3 M_F=3\rangle = \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle$

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$$|3P_{3/2}; F=3, M_F=2\rangle = \langle 32 | \frac{3}{2} \frac{3}{2} \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle \otimes | \frac{3}{2} \frac{1}{2} \rangle$$

$$+ \langle 32 | \frac{3}{2} \frac{1}{2} \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle \otimes | \frac{3}{2} \frac{3}{2} \rangle$$

$$|F=3, M_F=2\rangle = \frac{1}{\sqrt{2}} \left( | \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle + | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle \right)$$

$$|3P_{3/2}; F=3, M_F=1\rangle = \langle 31 | \frac{3}{2} \frac{3}{2} \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle$$

$$+ \langle 31 | \frac{3}{2} \frac{1}{2} \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle$$

$$+ \langle 31 | \frac{3}{2} \frac{1}{2} \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle$$

$$= \frac{1}{\sqrt{5}} | \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle + \sqrt{\frac{3}{5}} | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle + \frac{1}{\sqrt{5}} | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle$$

$$|3P_{3/2}; F=3, M_F=0\rangle = \langle 30 | \frac{3}{2} \frac{3}{2} \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle$$

$$+ \langle 30 | \frac{3}{2} \frac{1}{2} \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle$$

$$+ \langle 30 | \frac{3}{2} -\frac{1}{2} \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle$$

$$+ \langle 30 | \frac{3}{2} -\frac{3}{2} \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle$$

$$= \frac{1}{2\sqrt{5}} | \frac{3}{2} \frac{3}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle + \frac{3}{2\sqrt{5}} | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle + \frac{3}{2\sqrt{5}} | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle$$

$$+ \frac{1}{2\sqrt{5}} | \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} \frac{3}{2} \rangle$$

Again using the  $M \rightarrow -M$  C-G rule

$$|3P_{3/2}; F=3, M_F=-1\rangle = \frac{1}{\sqrt{5}} | \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle + \sqrt{\frac{3}{5}} | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle + \frac{1}{\sqrt{5}} | \frac{3}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle$$

$$|3P_{3/2}; F=3, M_F=-2\rangle = \frac{1}{\sqrt{2}} \left( | \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle + | \frac{3}{2} -\frac{1}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle \right)$$

$$|3P_{3/2}; F=3, M_F=-3\rangle = | \frac{3}{2} -\frac{3}{2} \rangle | \frac{3}{2} -\frac{3}{2} \rangle$$

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$3p_{3/2}$   $F=2$  state

Again, up to a phase we can find these through selection rules and orthogonality to  $3p_{1/2}$   $F=2$  states. Here I will use C-G coefficients.

$$\begin{aligned}
 |3p_{3/2} F=2, M_F=2\rangle &= \langle 2 | \begin{matrix} \frac{3}{2} & \frac{3}{2} & \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & \frac{1}{2} & \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \\
 &= \frac{1}{\sqrt{2}} \left( | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle - | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \right)
 \end{aligned}$$

$$\begin{aligned}
 |3p_{3/2} F=2, M_F=1\rangle &= \langle 2 | \begin{matrix} \frac{3}{2} & \frac{3}{2} & \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & \frac{1}{2} & \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & -\frac{1}{2} & \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \\
 &= \frac{1}{\sqrt{2}} \left( | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle - | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \right)
 \end{aligned}$$

$$\begin{aligned}
 |3p_{3/2} F=2, M_F=0\rangle &= \langle 2 | \begin{matrix} \frac{3}{2} & \frac{3}{2} & \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & \frac{1}{2} & \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & -\frac{1}{2} & \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle \\
 &+ \langle 2 | \begin{matrix} \frac{3}{2} & -\frac{3}{2} & \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \\
 &= \frac{1}{2} \left( | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle + | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle - | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle \right. \\
 &\quad \left. - | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{3}{2} \end{matrix} \rangle \right)
 \end{aligned}$$

Again

$$|3p_{3/2} F=2, M_F=-1\rangle = -\frac{1}{\sqrt{2}} \left( | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle - | \begin{matrix} \frac{3}{2} & \frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle \right)$$

$$|3p_{3/2} F=2, M_F=-2\rangle = -\frac{1}{\sqrt{2}} \left( | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle - | \begin{matrix} \frac{3}{2} & -\frac{1}{2} \end{matrix} \rangle | \begin{matrix} \frac{3}{2} & -\frac{3}{2} \end{matrix} \rangle \right)$$

$3p_{3/2}$   $F=1$  state

$$|3p_{3/2}; F=1 M_F=1\rangle = \sqrt{\frac{3}{10}} \left( \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) - \sqrt{\frac{2}{5}} \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \\ + \sqrt{\frac{3}{10}} \left| \frac{3}{2} \frac{-1}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle$$

$$|3p_{3/2}; F=1 M_F=0\rangle = \frac{1}{\sqrt{5}} \left( \frac{3}{2} \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{-3}{2} \right\rangle - \frac{1}{2} \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{-1}{2} \right\rangle - \frac{1}{2} \left| \frac{3}{2} \frac{-1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) \\ + \frac{3}{2} \left| \frac{3}{2} \frac{-3}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle$$

$$|3p_{3/2}; F=1 M_F=-1\rangle = \sqrt{\frac{3}{10}} \left| \frac{3}{2} \frac{-3}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle - \sqrt{\frac{2}{5}} \left| \frac{3}{2} \frac{-1}{2} \right\rangle \left| \frac{3}{2} \frac{-1}{2} \right\rangle \\ + \sqrt{\frac{3}{10}} \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{-3}{2} \right\rangle$$

Finally!

$$|3p_{3/2}; F=0 M=0\rangle = \frac{1}{2} \left( \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{-3}{2} \right\rangle - \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{-1}{2} \right\rangle + \left| \frac{3}{2} \frac{-1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) \\ - \left( \frac{3}{2} \frac{-3}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle$$

This will always be an equally weighted ~~superposition~~ superposition, i.e. for  $j+j \rightarrow J=0$

$|00\rangle =$  equally weighted superposition of anticorrelated state  $|j m\rangle |j -m\rangle$

The simplest example is the spin-singlet

$$|00\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

(b) Check using recursion relations

Start with stretched state

$$|F=3, M_F=3\rangle = \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle$$

$$\hat{F}_- = \hat{J}_- + \hat{I}_- \Rightarrow \hat{F}_- |F=3, M_F=3\rangle = \hat{J}_- \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \hat{I}_- \left| \frac{3}{2} \frac{3}{2} \right\rangle$$

$$\Rightarrow \sqrt{3(3+1) \cdot 3(3-1)} |F=3, M_F=2\rangle = \sqrt{\frac{3}{2}(\frac{3}{2}+1) - \frac{3}{2}(\frac{3}{2}-1)} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right)$$

$$\Rightarrow |F=3, M_F=2\rangle = \frac{1}{\sqrt{2}} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) \quad \checkmark$$

$$\hat{F}_- |F=3, M_F=2\rangle = \frac{1}{\sqrt{2}} \hat{J}_- \left| \frac{3}{2} \frac{1}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle + \frac{1}{\sqrt{2}} \left| \frac{3}{2} \frac{1}{2} \right\rangle \otimes \hat{I}_- \left| \frac{3}{2} \frac{3}{2} \right\rangle + \frac{1}{\sqrt{2}} \hat{J}_- \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{1}{2} \right\rangle + \frac{1}{\sqrt{2}} \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \hat{I}_- \left| \frac{3}{2} \frac{1}{2} \right\rangle$$

$$\sqrt{3(3+1) - 2(2-1)} |F=3, M_F=1\rangle = \frac{1}{\sqrt{2}} \sqrt{\frac{3}{2}(\frac{3}{2}+1) - \frac{1}{2}(\frac{1}{2}-1)} \left( \left| \frac{3}{2} -\frac{1}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} -\frac{1}{2} \right\rangle \right) + \frac{2}{\sqrt{2}} \sqrt{\frac{3}{2}(\frac{3}{2}+1) - \frac{3}{2}(\frac{3}{2}-1)} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{1}{2} \right\rangle \right)$$

$$\Rightarrow |F=3, M_F=1\rangle = \frac{1}{\sqrt{5}} \left( \left| \frac{3}{2} -\frac{1}{2} \right\rangle \otimes \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \otimes \left| \frac{3}{2} -\frac{1}{2} \right\rangle \right) + \sqrt{\frac{3}{5}} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) \quad \checkmark$$

$$\sqrt{3(3+1) - 0} |F=3, M_F=0\rangle = \frac{1}{\sqrt{5}} \sqrt{\frac{3}{2}(\frac{3}{2}+1) + \frac{1}{2}(-\frac{1}{2}-1)} \left( \left| \frac{3}{2} -\frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle + \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} -\frac{3}{2} \right\rangle \right) + \frac{1}{\sqrt{5}} \sqrt{\frac{3}{2}(\frac{3}{2}+1) - \frac{3}{2}(\frac{3}{2}-1)} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{1}{2} \right\rangle + \left| \frac{3}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right) + \sqrt{\frac{3}{5}} \sqrt{\frac{3}{2}(\frac{3}{2}+1) - \frac{1}{2}(\frac{1}{2}-1)} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{1}{2} \right\rangle + \left| \frac{3}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right)$$

$$\Rightarrow |F=3, M_F=0\rangle = \frac{1}{2\sqrt{5}} \left( \left| \frac{3}{2} \frac{3}{2} \right\rangle \left| \frac{3}{2} -\frac{3}{2} \right\rangle + \left| \frac{3}{2} -\frac{3}{2} \right\rangle \left| \frac{3}{2} \frac{3}{2} \right\rangle \right) + \frac{3}{2\sqrt{5}} \left( \left| \frac{3}{2} \frac{1}{2} \right\rangle \left| \frac{3}{2} -\frac{1}{2} \right\rangle + \left| \frac{3}{2} -\frac{1}{2} \right\rangle \left| \frac{3}{2} \frac{1}{2} \right\rangle \right)$$

(c) Dipole matrix elements  $\langle 3p_{1/2} F' M_F' | \hat{d}_z | 3s_{1/2} F M_F \rangle$

In problem set 1 we found

$$\langle P_{1/2} m_j' | \hat{d}_z | S_{1/2} m_j \rangle \text{ vanished unless } m_j = m_j'$$

Example:  $\langle 3P_{1/2} F=1 M_F' | \hat{d}_z | 3S_{1/2} F=1 0 \rangle$

$$M_F' = 1: \left( \frac{1}{2} \langle \frac{1}{2} \frac{1}{2} | \langle \frac{3}{2} \frac{1}{2} | - \frac{\sqrt{3}}{2} \langle \frac{1}{2} -\frac{1}{2} | \langle \frac{3}{2} \frac{3}{2} | \right) \hat{d}_z$$

$$\left( \frac{1}{\sqrt{2}} | \frac{1}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle - \frac{1}{\sqrt{2}} | \frac{1}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle \right)$$

$$= \frac{1}{2\sqrt{2}} \langle \frac{1}{2} \frac{1}{2} | \hat{d}_z | \frac{1}{2} -\frac{1}{2} \rangle \text{ using orthogonality}$$

$\uparrow \quad \uparrow$   
 $j \quad m_j$  of  $|L M_L\rangle$  states

$$= 0 \text{ from above}$$

$$M_F' = 0 \left( \frac{1}{\sqrt{2}} \langle \frac{1}{2} \frac{1}{2} | \langle \frac{3}{2} -\frac{1}{2} | - \frac{1}{\sqrt{2}} \langle \frac{1}{2} -\frac{1}{2} | \langle \frac{3}{2} \frac{1}{2} | \right) \hat{d}_z$$

$$\left( \frac{1}{\sqrt{2}} | \frac{1}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle - \frac{1}{\sqrt{2}} | \frac{1}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle \right)$$

$$= \frac{1}{2} \langle P_{1/2} \frac{1}{2} | \hat{d}_z | S_{1/2} \frac{1}{2} \rangle + \frac{1}{2} \langle P_{1/2} -\frac{1}{2} | \hat{d}_z | S_{1/2} -\frac{1}{2} \rangle$$

$$M_F' = -1 \left( -\frac{1}{2} \langle \frac{1}{2} -\frac{1}{2} | \langle \frac{3}{2} -\frac{1}{2} | + \frac{\sqrt{3}}{2} \langle \frac{1}{2} \frac{1}{2} | \langle \frac{3}{2} -\frac{3}{2} | \right) \hat{d}_z$$

$$\left( \frac{1}{\sqrt{2}} | \frac{1}{2} \frac{1}{2} \rangle | \frac{3}{2} -\frac{1}{2} \rangle - \frac{1}{\sqrt{2}} | \frac{1}{2} -\frac{1}{2} \rangle | \frac{3}{2} \frac{1}{2} \rangle \right)$$

$$= -\frac{1}{2} \langle \frac{1}{2} -\frac{1}{2} | \hat{d}_z | \frac{1}{2} \frac{1}{2} \rangle = 0$$

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Thus we see the selection rule

$$\langle 3p_{1/2} F' M_F' | \hat{d}_z | 3s_{1/2} F M_F \rangle$$

vanishes unless  $M_F = M_F'$

This is another example of the Wigner-Eckart theorem. We will find a MUCH simpler and less tedious way of ~~instantly~~ determining this rule.

Problem 2: Zeeman effect in ground state of hydrogen

$$\hat{H} = \underbrace{A \hat{\mathbf{I}} \cdot \hat{\mathbf{S}}}_{\text{hyperfine coupling}} + \underbrace{g_e \mu_B \vec{B} \cdot \hat{\mathbf{S}} - g_p \mu_N \vec{B} \cdot \hat{\mathbf{I}}}_{\text{coupling to external } \vec{B}\text{-field}}$$

$$\equiv \hat{H}_{\text{HF}} + \hat{H}_{\text{B}}$$

(a) Weak field:  $\mu_B B \ll A$ .

$$\frac{A}{h} \cong 1.42 \text{ GHz for } 1s \text{ of hydrogen}$$

$$\frac{\mu_B}{h} \cong 1.4 \text{ MHz/Gauss (Bohr Magnetron)}$$

$$\Rightarrow \text{Weak } B \ll 1 \text{ kG (1,000 Gauss)}$$

In the weak-field limit  $\hat{H}_{\text{B}}$  is a perturbation to  $\hat{H}_{\text{HF}}$ . The "good quantum numbers" are those that eigen define the eigenvector of  $\hat{H}_{\text{HF}}$ . These are the coupled angular momentum:

$$|F M_F, i, s\rangle \quad (\text{also principle quantum number } n, \text{ and orbital } l)$$

The shifts, to lowest nonvanish order are first order

$$\delta E_{FM_F}^{(1)} = \langle F M_F, i, s | \hat{H}_{\text{B}} | F M_F, i, s \rangle$$

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From Lecture, we have the eigenstates in coupled representation

$$F=1 \quad \begin{cases} |F=1, M_F=1\rangle = |++\rangle \\ |F=1, M_F=0\rangle = \frac{1}{\sqrt{2}} (|+-\rangle + |-+\rangle) \\ |F=1, M_F=-1\rangle = |--\rangle \end{cases}$$

$$F=0 \quad \begin{cases} |F=0, M_F=0\rangle = \frac{1}{\sqrt{2}} (|+-\rangle - |-+\rangle) \end{cases}$$

Where  $|\pm, \pm\rangle$   
 $\nearrow$  electron spin up/down  
 $\nwarrow$  proton spin up/down

➔ Aside: In the uncoupled basis

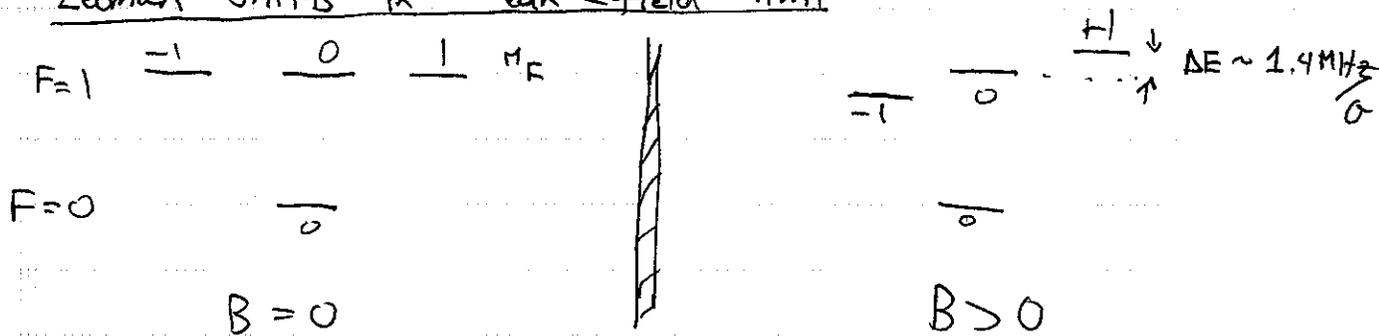
$$\langle m'_s, m'_i | \hat{H}_B | m_s, m_i \rangle = g_e \mu_B B m_s \delta_{m_s m'_s} - g_p \mu_N B m_i \delta_{m_i m'_i}$$

$\nearrow$  neglect

In the weak field regime  $\mu_N B$  is negligible

$$\Rightarrow \begin{cases} \delta E_{F=1, M_F=1}^{(1)} = g_e \frac{\mu_B B}{2} \approx (1.4 \text{ MHz/Gauss}) B \\ \delta E_{F=1, M_F=0}^{(1)} = 0 \\ \delta E_{F=1, M_F=-1}^{(1)} = -g_e \frac{\mu_B B}{2} \approx (-1.4 \text{ MHz/Gauss}) B \\ \delta E_{F=0, M_F=0}^{(1)} = 0 \end{cases}$$

## Zeeman Shifts in Weak-field limit



Zeeman shift linear w/ B

(b) In the very strong field limit (Paschen-Back regime)

$\hat{H}_B$  is dominant;  $\hat{H}_{HF}$  is a perturbation

$\hat{H}_B$  commutes with  $\hat{S}_z$  and  $\hat{I}_z$  (taking  $\vec{B}$  in the z-direction)  $\Rightarrow$  Good quantum numbers are the "uncoupled representation"

$$|S m_s\rangle |I m_I\rangle$$

- To zeroth order, the energy levels are the eigenstates of  $\hat{H}_B$

$$E_{m_s, m_I}^{(0)} = g_e \mu_B B m_s - g_p \mu_N B m_I \quad \text{Typically negligible}$$

Again linear in B, but near degenerate in  $m_I$

- The first-order correction (due to hyperfine coupling)

$$\delta E_{m_s, m_I}^{(1)} = \langle m_s, m_I | A \hat{I} \cdot \hat{S} | m_s, m_I \rangle = A \langle m_s, m_I | \frac{\hat{I}_+ \hat{S}_- + \hat{I}_- \hat{S}_+}{2} + \hat{I}_z \hat{S}_z | m_s, m_I \rangle$$

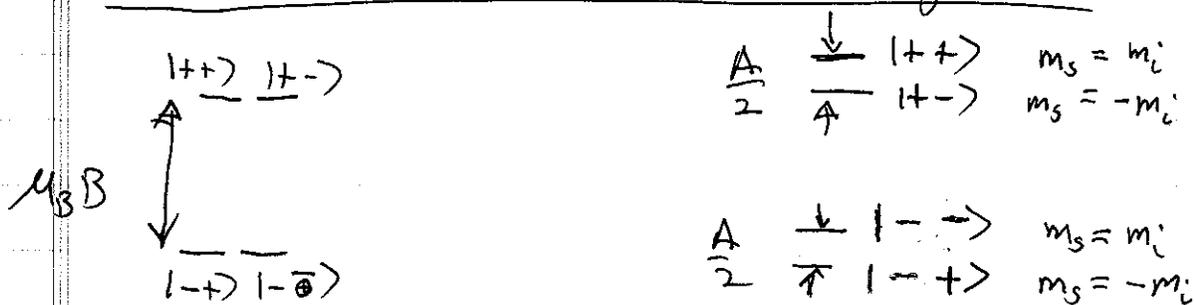
$$\Rightarrow \delta E_{m_s, m_I}^{(1)} = A m_s m_I$$

(b) Continued

$$\Rightarrow \delta E_{m_s m_l}^{(1)} = \frac{A}{4} \quad m_s = m_l = \pm \frac{1}{2}$$

$$\delta E_{m_s m_l}^{(1)} = -\frac{A}{4} \quad -m_s = m_l = \pm \frac{1}{2}$$

Zeeman shift in Paschen-Back regime



No Hyperfine  
(neglectably nuclear)

Note: For very very large fields  
such that  $\mu_N B \gg A$  the nuclear

spin cannot be neglected and nuclear  
spin-up is shifted down in energy  
relative to nuclear spin-down.

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(c) Exact diagonalization in  $1s$  subspace

$$\hat{H} = \underbrace{A \hat{I} \cdot \hat{S}}_{\hat{H}_{HF}} + \underbrace{g_e \mu_B B \hat{S}_z - g_p \mu_N B \hat{I}_z}_{\hat{H}_B}$$

Consider  $\hat{F}_z = \hat{S}_z + \hat{I}_z$

Since  $[\hat{S}_z, \hat{F}_z] = 0$  and  $[\hat{I}_z, \hat{F}_z] = 0$

$$\Rightarrow [\hat{H}_B, \hat{F}_z] = 0$$

Also, since  $\vec{I} \cdot \vec{S} = \frac{F^2 - I^2 - S^2}{2}$

and  $[\hat{F}^2, \hat{F}_z] = 0$ ,  $[\hat{I}^2, \hat{F}_z] = 0$ ,  $[\hat{S}^2, \hat{F}_z] = 0$

$$\Rightarrow [\hat{H}_{HF}, \hat{F}_z] = 0$$

$$\Rightarrow \boxed{[\hat{H}, \hat{F}_z] = 0}$$

$\Rightarrow \hat{H}$  is block-diagonal in subspaces with a given value of  $\hat{F}_z$

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We will write a matrix representation of  $\hat{H}$  in the coupled basis. The three possible values of  $M_F$  determine three subspaces

$M_F = 1$ : Only one state:  $|F=1, M_F=1\rangle$

$M_F = -1$ : Only one state:  $|F=1, M_F=-1\rangle$

$M_F = 0$ : 2D subspace  $|F=0, M_F=0\rangle$  and  $|F=1, M_F=0\rangle$

$\hat{H}_{HF}$  is diagonal in this basis.  $\hat{H}_B$  has off-diagonal elements in the  $M_F=0$  subspace.

Ordering the basis  $\{ |1,1\rangle, |1,-1\rangle, |1,0\rangle, |0,0\rangle \}$

$$\hat{H} = \underbrace{\begin{bmatrix} \frac{A}{4} & 0 & 0 & 0 \\ 0 & \frac{A}{4} & 0 & 0 \\ 0 & 0 & \frac{A}{4} & 0 \\ 0 & 0 & 0 & -\frac{3A}{4} \end{bmatrix}}_{\hat{H}_{HF}} + \underbrace{\begin{bmatrix} (g_e \mu_B - g_p \mu_N) \frac{B}{2} & 0 & 0 & 0 \\ 0 & -(g_e \mu_B - g_p \mu_N) B & 0 & 0 \\ 0 & 0 & 0 & \langle 10 | \hat{H}_B | 100 \rangle \\ 0 & 0 & \langle 00 | \hat{H}_B | 10 \rangle & 0 \end{bmatrix}}_{\hat{H}_B}$$

Aside:  $\langle 10 | \hat{H}_B | 100 \rangle = \left( \frac{\langle + - | + \langle - + |}{\sqrt{2}} \right) (g_e \mu_B \hat{S}_z - g_p \mu_N \hat{I}_z) \left( \frac{|+ - \rangle - |- + \rangle}{\sqrt{2}} \right)$

$$= \frac{g_e \mu_B B}{2} + \frac{g_p \mu_N B}{2}$$

In the  $M_F = \pm 1$  subspaces  $|1, 1\rangle$  and  $|1, -1\rangle$  are eigenvectors of the total Hamiltonian, with eigenvalue

$$E(M_F = \pm 1) = \frac{A}{4} \pm (g_e \mu_B - g_p \mu_N) \frac{B}{2}$$

In the  $M_F = 0$  subspace, we must diagonalize the  $2 \times 2$  block

$$\hat{H}_{M_F=0} = \begin{bmatrix} \frac{A}{4} & (g_e \mu_B + g_p \mu_N) \frac{B}{2} \\ (g_e \mu_B + g_p \mu_N) \frac{B}{2} & -\frac{3A}{4} \end{bmatrix}$$

$$= A \begin{bmatrix} \frac{1}{4} & \frac{\chi}{2} \\ \frac{\chi}{2} & -\frac{3}{4} \end{bmatrix}$$

where

$$\chi \equiv (g_e \mu_B + g_p \mu_N) \frac{B}{A}$$

Eigenvalues:  $A \left( -\frac{1}{4} \pm \frac{1}{2} \sqrt{1 + \chi^2} \right)$

$$\Rightarrow E_{\pm}(M_F=0) = -\frac{A}{4} \pm \frac{A}{2} \sqrt{1 + \chi^2}$$

Check w/ Breit-Rabi formula

$$E_{\pm}(M_F) = -g_p \mu_N B m_F - \frac{A}{4} \pm \frac{A}{2} \sqrt{1 + 2m_F \chi + \chi^2}$$

$$M_F = \pm 1 \quad E_{\pm}(\pm 1) = \mp g_p \mu_N B \mp \frac{A}{4} \pm \frac{A}{2} (\chi \pm 1)$$

Here 10, so only one root (+ root for  $M_F = +1$ , - root for  $M_F = -1$ )

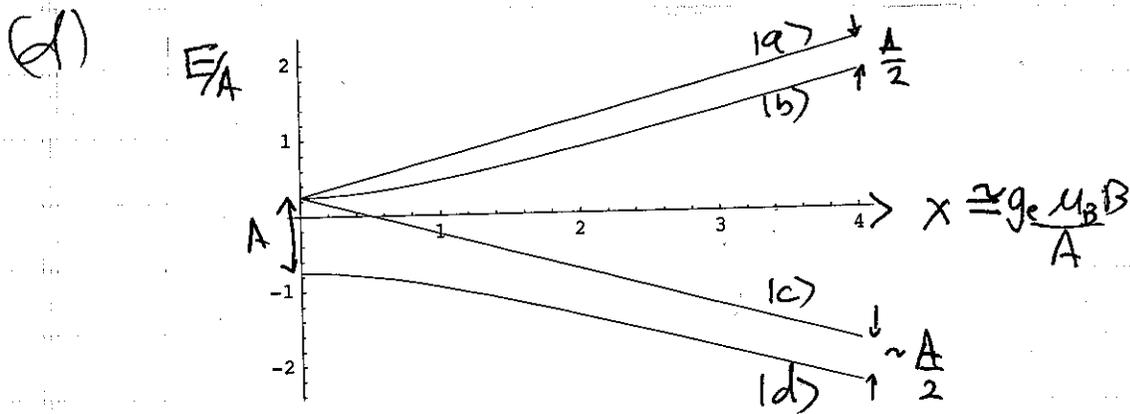
$$\Rightarrow E(M_F = \pm 1) = \frac{A}{4} \pm \frac{A}{2} \chi \mp g_p \mu_N B$$

$$= \frac{A}{4} \pm (g_e \mu_B + g_p \mu_N) \frac{B}{2} \mp g_p \mu_N B$$

$$\Rightarrow \boxed{E(M_F = \pm 1) = \frac{A}{4} \pm (g_e \mu_B - g_p \mu_N) \frac{B}{2}} \quad \checkmark$$

For  $M_F = 0$ , we have two roots

$$\boxed{E(M_F = 0) = -\frac{A}{4} \pm \frac{A}{2} \sqrt{1 + \chi^2}} \quad \checkmark$$



Breit-Rabi diagram (neglecting nuclear magneton)

- For  $\chi \ll 1$  (weak field) we see shifts within the hyperfine manifold  $|F M_F\rangle$
- For  $\chi \gg 1$  (strong field) the spins decouple and separately shift.

$$|a\rangle = |F=1, M_F=1\rangle = |++\rangle$$

$$|c\rangle = |F=1, M_F=-1\rangle = |--\rangle$$

$$|b\rangle \rightarrow |F=1, M_F=0\rangle \text{ (weak)} \quad |+-\rangle \text{ (strong)}$$

$$|d\rangle \rightarrow |F=0, M=0\rangle \text{ (weak)} \quad |-+\rangle \text{ (strong)}$$

### (e) Asymptotic expansions

- For  $M_F = \pm 1$ , the eigenvalue has the same form, independent of  $B$  (stretched states)

$$E(M_F = \pm 1) = \frac{A}{4} \pm g_e \mu_B B \quad (\text{neglecting } \mu_N)$$

- For  $M_F = 0$  we must expand  $-\frac{A}{4} \pm \frac{A}{2} \sqrt{1+x^2}$

Weak Field  $x = \frac{\mu_B B}{A} \ll 1$

$$\delta E^{(1)}(M_F = \pm 1) = \pm g_e \mu_B B$$

$$\delta E^{(1)}(M_F = 0) = 0 \quad (\text{no shift in first order})$$

Strong Field  $x \gg 1$

$$\delta E^{(1)}(M_F = \pm 1) = \frac{A}{4} = (\pm \frac{1}{2})(\pm \frac{1}{2}) A \quad \checkmark$$

$$\delta E^{(1)}(M_F = 0) = -\frac{A}{4} = (\pm \frac{1}{2})(\mp \frac{1}{2}) A \quad \checkmark$$

These agree with perturbation theory