

Lecture 5: Optical Bloch Equation (II)
Phenomenological Damping

So far we have considered only "coherent evolution". That is, we ~~do~~ have considered the dynamics of two-level systems governed by a simple time dependent Hamiltonian. The resulting evolution exhibited a simple sinusoidal time dependence for all time - it is reversible. In real situations this is never the case - the systems eventually "relax" to some steady state where "memory" of the initial condition is lost. This irreversible behavior is a fact of nature. How do we take irreversibility into account in quantum theory whose basic time evolution is a reversible unitary map? This is ~~the~~ a fundamental problem which we will treat in detail in the latter 1/3 of this class. For now we will take a somewhat phenomenological approach. As an aside, the problem of obtaining effective irreversible behavior at the macroscopic level when the microscopic laws of physics are time-reversible is a fundamental issue in classical physics as well; i.e. from Newtonian dynamics to the second law of thermo.

Phenomenological decay:

Consider a two-level system. There are two kinds of decays

- Relaxations of the population P_{ee} , P_{gg}
- Relaxations of the coherences P_{eg}

5.2

In the old NMR notation :

1) $T_1 \equiv$ decay time constant of the population inversion $w = P_{ee} - P_{gg}$
 \equiv "Longitudinal relaxation"

2) $T_2 \equiv$ decay time constant of coherences
 \equiv "Transverse relaxation"

Bloch equations with relaxation

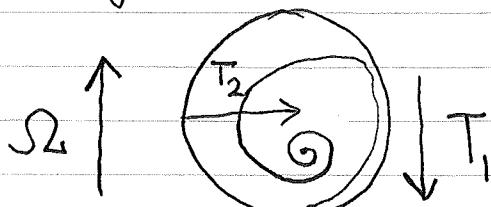
$$\dot{u} = -\Delta v - \frac{1}{T_2} u$$

$$\dot{v} = \Delta u + S_2 w - \frac{1}{T_2} v$$

$$\dot{w} = -\frac{1}{T_1} (w - w_{eq}) - S_2 v$$

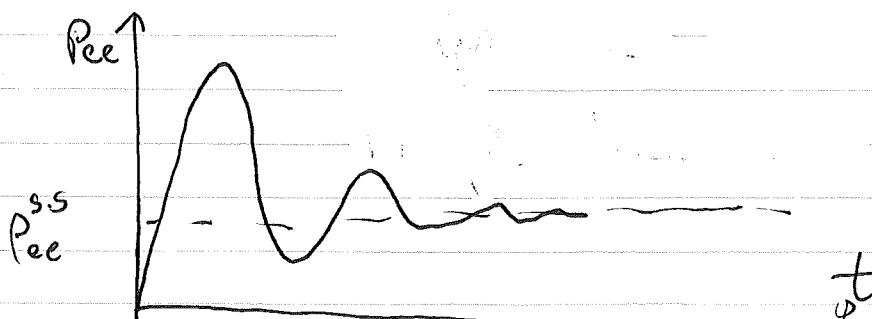
$w_{eq} =$ equilibrium inversion $= -1$

Trajectory on Bloch sphere



State is no longer described by a pure state. Must ~~make~~ use density op.

Damped Rabi oscillations



5.3

Another picture of "T₁" vs. "T₂"

Consider $\hat{\rho} = \sum_{\alpha} P_{\alpha} | \psi_{\alpha} \rangle \langle \psi_{\alpha} |$ (ensemble decomposition)

$$\rho_{ij} = \sum_{\alpha} P_{\alpha} c_i^{\alpha} c_j^{\alpha *} = \sum_{\alpha} P_{\alpha} |c_i^{\alpha}| |c_j^{\alpha}| e^{i(\phi_i^{\alpha} - \phi_j^{\alpha})}$$

Diagonal element $\rho_{ii} = \sum_{\alpha} P_{\alpha} |c_i^{\alpha}|^2$

$\Rightarrow T_1$ involves average relaxation of (magnitude)² of probability amplitudes

$$\rho_{ii}(t)_{\text{relax}} = e^{-\Gamma_i t} \rho_{ii}(0)$$

$$\Gamma_i = \text{decay rate of } |c_i^{\alpha}|^2 \Rightarrow \overline{|c_i^{\alpha}(t)|} \approx \overline{|c_i^{\alpha}(0)|} e^{-\frac{\Gamma_i}{2} t}$$

Off-diagonal, Suppose magnitude same & α

$$\Rightarrow \rho_{ij}(t) = |c_j(0)| |c_i(0)| e^{-\left(\frac{\Gamma_i + \Gamma_j}{2}\right)t} \sum_{\alpha} P_{\alpha} e^{i(\phi_i^{\alpha} - \phi_j^{\alpha})}$$

Consider process of "dephasing" $\Rightarrow \phi_j^{\alpha} - \phi_i^{\alpha} = (\delta\omega_{ij}^{\alpha})t$

$$\sum_{\alpha} P_{\alpha} e^{i(\delta\omega_{ij}^{\alpha})t} \Rightarrow e^{-\beta_{ij} t}$$

$\Rightarrow T_2$ involves both population change and dephasing

$$\boxed{\frac{1}{T_2} = \frac{\Gamma_i + \Gamma_j}{2} + \beta_{ij} \equiv \gamma_{ij}}$$

- Sources of relaxation - Perturbation by the "environment"

e.g. Collisions - elastic \Rightarrow dephasing
 \ inelastic \Rightarrow population change

$$\text{Generally } T_2 \ll T_1$$

Small changes in phase compared to pop. change.

Note: If we have an ensemble of system dephasing can occur due to inhomogeneities (see H.W.). Then $\frac{1}{T_2} = \frac{1}{T_2^*} + \frac{1}{T_2^*}$

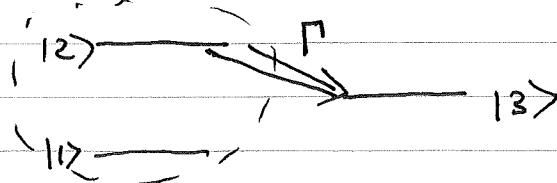
Where T_2^* = decay time due to inhomogeneity

T_2^* = decay " for homogeneous sample (truly irreversible)

Unless otherwise stated, we will take $T_2^* = \infty$

Non-unitary Schrödinger equation

Consider system with loss of population to extra level which we do not account for



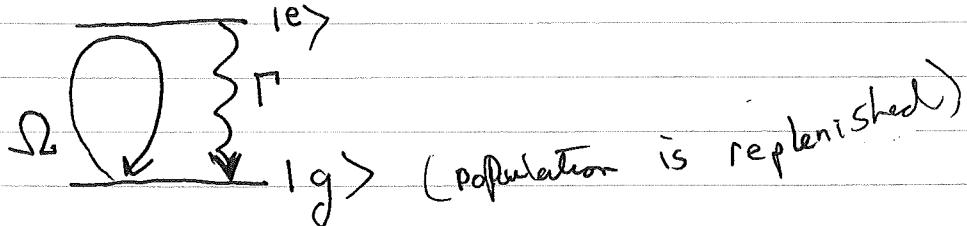
In $\{|1\rangle, |2\rangle\}$
space $\text{Tr}(\rho)$
not conserved

$$\Rightarrow \text{Simple approx: } \begin{cases} \dot{C}_1 = -i \frac{E_1}{\hbar} C_1 - i \frac{\Gamma_{12}}{\hbar} C_2 \\ \text{Deterministic but non unitary } \quad \dot{C}_2 = -i \frac{E_2}{\hbar} C_2 - \frac{\Gamma}{2} C_2 - i \frac{H_{21}}{\hbar} C_1 \end{cases}$$

Decaying level \Rightarrow imaginary part of energy

Master equation for two-level atom

Consider a two-level "closed transition"



One source of "relaxation": Spontaneous emission

$$\Gamma = \text{"Einstein A-coefficient"} = \frac{1}{\tau} = \frac{4}{3} \frac{|\alpha|_g^2}{\hbar} k^3$$

τ = Natural lifetime

$$\dot{\rho}_{ee}|_{\text{relax}} = -\Gamma \rho_{ee} = -\frac{1}{\tau_1} \rho_{ee} \quad \tau_1 = \frac{1}{\Gamma}$$

$$\dot{\rho}_{eg}|_{\text{relax}} = -\frac{\Gamma}{2} \rho_{eg} = -\frac{1}{\tau_2} \rho_{eg} \quad \tau_2 = \frac{\Gamma}{2}$$

Since $\rho_{ee} + \rho_{gg} = 1$ $\dot{\rho}_{gg}|_{\text{relax}} = -\dot{\rho}_{ee}|_{\text{relax}} = +\Gamma \rho_{ee}$

Master equation for damped Rabi flopping

$$\boxed{\begin{aligned}\dot{\rho}_{ee} &= -\Gamma \rho_{ee} + i \frac{\Omega}{2} (\rho_{ge} - \rho_{eg}) = -\dot{\rho}_{gg} \\ \dot{\rho}_{ge} &= (i\Delta - \frac{\Gamma}{2}) \rho_{ge} + i \frac{\Omega}{2} (\rho_{ee} - \rho_{gg})\end{aligned}}$$

Same
as
Bloch eq.

Operator form:

$$\frac{d\hat{\rho}}{dt} = -\frac{i}{\hbar} [\hat{H}, \hat{\rho}] + \mathcal{L}_{\text{relax}}[\hat{\rho}]$$

$$\mathcal{L}_{\text{relax}}[\hat{\rho}] = \underbrace{-\frac{\Gamma}{2} (\hat{\sigma}_+ \hat{\sigma}_- \hat{\rho} + \rho \hat{\sigma}_+ \hat{\sigma}_-)}_{\text{Decays}} + \underbrace{\Gamma \hat{\sigma}_- \hat{\rho} \hat{\sigma}_+}_{\text{replenish}}$$