

Phy. 566: Quantum Optics

Lecture 3: Magnetic Resonance and Rabi Flopping

All coherent laser spectroscopy based on magnetic resonance

I. Rabi 1939: { measured g factor of hyperfine structure
Lamb shift

Problem of manipulating spin

Hamiltonian, like any operator on 2D space

$$\hat{H} = A\hat{I} + \vec{B} \cdot \vec{\sigma}$$

↘ constant (zero of energy)

⇒ All Hamiltonians are equivalent to spin in magnetic field.

- Static \vec{B} field $\hat{H}_0 = -\hat{\mu} \cdot \vec{B}$

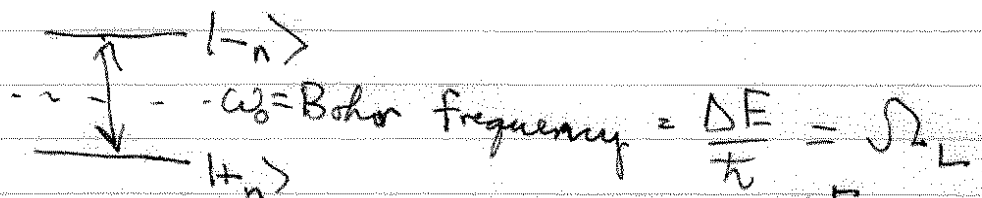
$$\hat{\mu} = \gamma \hat{S} = \frac{\hbar \gamma}{2} \vec{\sigma} \quad \gamma = \text{gyromagnetic ratio} = \pm g \mu_0$$

$$\Rightarrow \hat{H}_0 = -\frac{\hbar}{2} \gamma \vec{B} \cdot \vec{\sigma} = -\frac{\hbar \Omega_L}{2} \hat{e}_n \cdot \vec{\sigma}$$

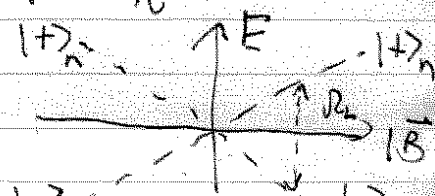
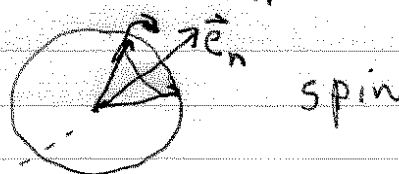
$$\gamma \vec{B} = \Omega_L \hat{e}_n \quad \Omega_L = \gamma |\vec{B}| \quad \text{Larmor frequency}$$

Eigenspectrum $E_{\pm} = \pm \frac{\hbar \Omega_L}{2} \Rightarrow |+\rangle_n$
 $\Rightarrow |-\rangle_n$

Zeeman effect



Precession



Magnetic Resonance

- Apply static \vec{B} field (call it $-\vec{e}_z$ direction)

$$\vec{B}_0 = -B_0 \vec{e}_z$$

↑ "longitudinal"

$$\hat{H}_0 = -\hat{\mu} \cdot \vec{B}_0 = \frac{\hbar \omega_0}{2} \hat{\sigma}_z$$

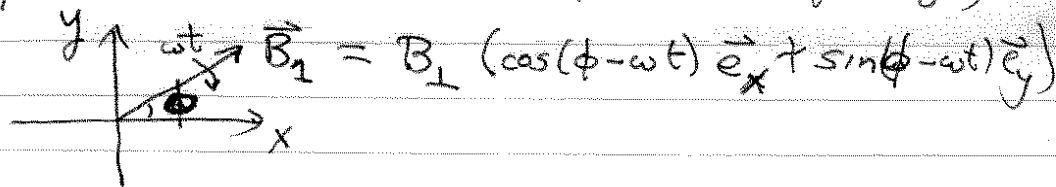
Energy splitting $\Delta E = \hbar \omega_0 = \hbar (\gamma B_0)$

- Drive system resonantly between $| \pm_z \rangle$ by applying an oscillating field at ω

$$\hat{H}_1(t) = -\hat{\mu} \cdot \vec{B}_1(t), \text{ require } [\hat{H}_1, \hat{H}_0] \neq 0$$

$\Rightarrow \vec{B}_1(t)$ in x - y plane ("transverse")

To get resonance $\vec{B}_1(t)$ oscillates counter clockwise in x - y plane (follows Larmor precession of \vec{B}_0)



$$\vec{B}_1 = B_\perp (\cos(\phi - \omega t) \vec{e}_x + \sin(\phi - \omega t) \vec{e}_y)$$

$$\Rightarrow \hat{H}_1(t) = -\gamma \frac{\hbar B_\perp}{2} (\cos(\phi - \omega t) \hat{\sigma}_x + \sin(\phi - \omega t) \hat{\sigma}_y)$$

$$= -\frac{\hbar \Omega}{2} (\hat{\sigma}_+ e^{i\phi} e^{-i\omega t} + \hat{\sigma}_- e^{-i\phi} e^{+i\omega t})$$

where $\Omega \equiv \gamma B_\perp \equiv$ Rabi frequency

Note $\hat{\sigma}_+ = | +_z \rangle \langle -_z |$ "absorption" $e^{-i\omega t}$

$\hat{\sigma}_- = | -_z \rangle \langle +_z |$ "emission" $e^{+i\omega t}$

$$\Rightarrow i\hbar \frac{\partial}{\partial t} |\tilde{\Psi}(t)\rangle = \underbrace{\left(\hat{D} \hat{H} \hat{D}^\dagger + i \frac{\partial \hat{D}}{\partial t} \hat{D}^\dagger \right)}_{\text{New Hamiltonian } \tilde{H}} |\tilde{\Psi}(t)\rangle$$

Aside $\hat{D} \hat{\sigma}_\pm \hat{D}^\dagger = e^{\pm i\omega t} \hat{\sigma}_\pm$

$$\tilde{H} = \tilde{H}_0 + \tilde{H}_1 - \frac{\hbar\omega}{2} \hat{\sigma}_z$$

(Going to rotating frame
like adding \vec{B} field
• Larmor's theorem)

$$\tilde{H}_0 = H_0 = \frac{\hbar\omega_0}{2} \hat{\sigma}_z$$

$$\tilde{H}_1 = -\frac{\hbar\Omega}{2} (\hat{\sigma}_+ e^{i\phi} + \hat{\sigma}_- e^{-i\phi})$$

$$= -\frac{\hbar\Omega}{2} (\hat{\sigma}_x \cos\phi + \hat{\sigma}_y \sin\phi) \quad \text{static}$$

$$\Rightarrow \tilde{H} = -\frac{\hbar}{2} \left(\Delta \hat{\sigma}_z + \Omega (\cos\phi \hat{\sigma}_x + \sin\phi \hat{\sigma}_y) \right)$$

where $\Delta \equiv \omega - \omega_0 \equiv$ "Detuning"

\Rightarrow In rotating frame, new static field interaction

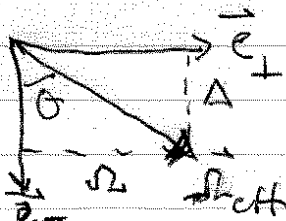
$$\tilde{H} = +\frac{\hbar}{2} \tilde{\Omega}_{\text{eff}} \cdot \vec{\sigma}$$

$$\tilde{\Omega}_{\text{eff}} = -(\Delta \vec{e}_z + \Omega \vec{e}_\perp) \equiv \tilde{\Omega} \vec{e}_n$$

$$\tilde{\Omega} \equiv \sqrt{\Omega^2 + \Delta^2}$$

$$\vec{e}_n = -\left(\frac{\Delta}{\tilde{\Omega}} \vec{e}_z + \frac{\Omega}{\tilde{\Omega}} \vec{e}_\perp \right)$$

"Generalized Rabi freq."



$$\tan\theta = \frac{\Omega}{\Delta}$$

Solve for evolution

Given $|\psi(0)\rangle = |-\rangle_z$ $\hat{H}(t) = \hat{H}_0 + \hat{H}_1(t)$

Solution #1: Time dependent perturbation theory

Given $\hat{H}_1(t) = \hat{H}_{abs} e^{-i\omega t} + \hat{H}_{emis} e^{i\omega t}$

Fermi's Golden Rule

Transition rate: $R_{abs} = \frac{2\pi}{\hbar} |\langle +\rangle_z | \hat{H}_{abs} | -\rangle_z \rangle|^2 \rho(\omega)$
↑
Density of states

$$R_{abs} = \frac{2\pi}{\hbar} \left(\frac{\hbar^2 \Omega^2}{4} \right) \rho(\omega) = \frac{\pi \hbar \Omega^2}{2} \rho(\omega)$$

"Incoherent" jump from $|-\rangle_z \Rightarrow |+\rangle_z$
 This is not the full story. Applicable for
 and/or

- Incoherent, broad-band source
- Final state is "broad"

Isolated two-level system can be solve exactly
 (not in part)

Solution #2 Rabi flopping

Step #1 - Make unitary transformation to remove the time dependence

Go to frame rotating at ω with \vec{B}_1

$$\hat{D}(t) = e^{i\frac{\omega t}{2} \hat{\sigma}_z} \quad (\text{rotating counter-clockwise around } z\text{-axis})$$

In new frame: (like interaction picture)

$$|\tilde{\psi}\rangle = \hat{D}(t) |\psi(t)\rangle \quad \hat{A}(t) = \hat{D}^\dagger \hat{A}_S \hat{D}$$

Solution (in rotating frame): Larmor precession about \vec{e}_n by freq $\tilde{\Omega} \equiv$ Rabi flopping

$$\tilde{H} = \frac{\hbar \tilde{\Omega}}{2} \hat{\sigma}_n$$

$$\hat{\sigma}_n = \vec{e}_n \cdot \vec{\sigma}$$

$$= \frac{\Delta}{\tilde{\Omega}} \hat{\sigma}_z - \frac{\Omega}{\tilde{\Omega}} (e^{i\phi} \hat{\sigma}_+ + e^{-i\phi} \hat{\sigma}_-)$$

$$|\tilde{\Psi}(t)\rangle = e^{-i\frac{\tilde{H}}{\hbar}t} |\tilde{\Psi}(0)\rangle$$

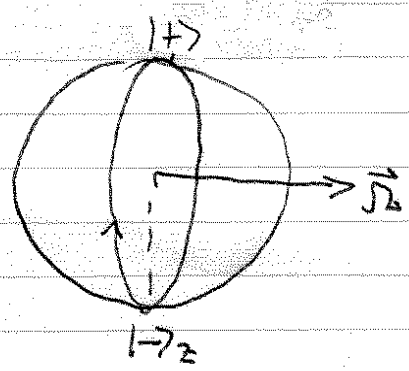
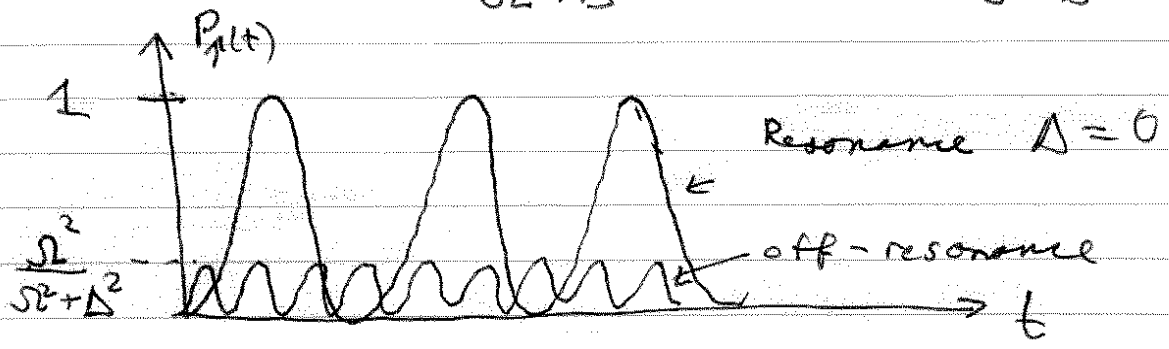
$$= e^{-i\frac{\tilde{\Omega}t}{2}} |\downarrow\rangle \quad (|\downarrow\rangle = |-\rangle \quad |\uparrow\rangle = |+\rangle)$$

$$= (\cos(\frac{\tilde{\Omega}t}{2}) \hat{1} - i \sin(\frac{\tilde{\Omega}t}{2}) \hat{\sigma}_n) |\downarrow\rangle$$

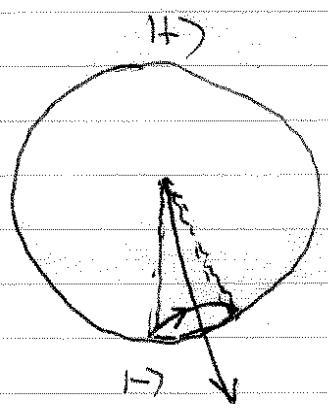
$$|\tilde{\Psi}(t)\rangle = \left[\cos(\frac{\tilde{\Omega}t}{2}) - i \frac{\Delta}{\tilde{\Omega}} \sin(\frac{\tilde{\Omega}t}{2}) \right] |\downarrow\rangle + \left[i e^{i\phi} \frac{\Omega}{\tilde{\Omega}} \sin(\frac{\tilde{\Omega}t}{2}) \right] |\uparrow\rangle$$

Rabi flopping

$$P_{\uparrow}(t) = |c_{\uparrow}(t)|^2 = \frac{\Omega^2}{\Omega^2 + \Delta^2} \sin^2(\frac{\tilde{\Omega}t}{2}) = \frac{\Omega^2}{\Omega^2 + \Delta^2} \left(\frac{1 - \cos(\tilde{\Omega}t)}{2} \right)$$



On resonance



off resonance

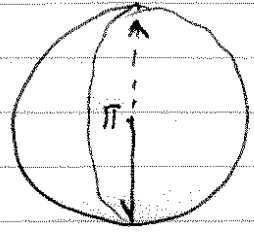
Resonance: $\Delta = 0$

$$|\tilde{\Psi}(t)\rangle = \cos \frac{\Omega t}{2} |\downarrow\rangle + ie^{i\phi} \sin \frac{\Omega t}{2} |\uparrow\rangle$$

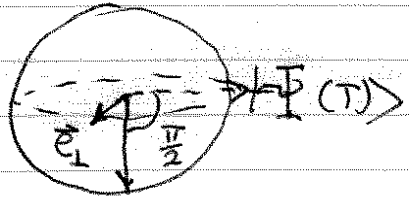
Rotation about \vec{e}_\perp by $\Theta = \Omega t$

$$T = \frac{\Theta}{\Omega} \Rightarrow \text{"}\Theta\text{" pulse}$$

$$\pi\text{-pulse: } |\tilde{\Psi}(T)\rangle = ie^{i\phi} |\uparrow\rangle = |\uparrow\rangle$$



$$\pi/2\text{-pulse } |\tilde{\Psi}(T)\rangle = \frac{1}{\sqrt{2}} (|\downarrow\rangle + ie^{i\phi} |\uparrow\rangle)$$



equal superposition of $|\downarrow\rangle$ and $|\uparrow\rangle$

Phase set by phase of oscillating \vec{B}_\perp

$$2\pi\text{-pulse } |\tilde{\Psi}(t)\rangle = -1 |\downarrow\rangle = -1 |\tilde{\Psi}(0)\rangle \equiv |\downarrow\rangle$$

The overall -1 is the famous phase factor that distinguishes $SU(2)$ from $SO(3)$

No physical effect for ~~one~~ one spin, but important for more than one.

Rotating wave approximation

Typically apply oscillating field along 1D (say x)

$$\begin{aligned}
 B_x \cos \omega t \vec{e}_x &= \frac{1}{2} \left(\begin{array}{c} \text{---} \curvearrowright \\ \text{---} \end{array} + \begin{array}{c} \text{---} \curvearrowleft \\ \text{---} \end{array} \right) \\
 &= \underbrace{\left(\frac{B_x}{2} (\cos \omega t \vec{e}_x + \sin \omega t \vec{e}_y) \right)}_{\text{Co-rotating (resonant)}} + \underbrace{\left(\frac{B_x}{2} (\cos \omega t \vec{e}_x - \sin \omega t \vec{e}_y) \right)}_{\text{Counter-rotating (anti-resonant)}}
 \end{aligned}$$

Rotating wave approximation

⇒ Neglect counter rotating terms

$$\hat{H}_{\text{eff}} = \frac{\hbar \omega_0}{2} \hat{\sigma}_z - \frac{\hbar}{2} (\gamma B_x) (\hat{\sigma}_+ + \hat{\sigma}_-) \cos \omega t$$

$$\text{RWA: } \hat{H}_{\text{eff}} = \frac{\hbar \omega_0}{2} \hat{\sigma}_z - \frac{\hbar}{2} \left(\frac{\gamma B_x}{2} \right) (\hat{\sigma}_+ e^{-i\omega t} + \hat{\sigma}_- e^{i\omega t})$$

$$\text{Rabi freq } \Omega = \gamma B_1 = \frac{\gamma B_x}{2} \quad (\text{only half amplitude contributes})$$

Note: The RWA is equivalent to time averaging over oscillation ω

Valid to neglect counter-rotating terms only when

$$|\Delta| \ll \omega \quad (\text{Near resonance})$$

More exact: Floquet Solutions